MESSIAH EVANGELICAL LUTHERAN CHURCH ESSENTIAL EVANGELICAL LUTHERAN CHURCH ESSENTIAL EVANGELICAL LUTHERAN CHURCH ESSENTIAL EVANGELICAL LUTHERAN CHURCH ESSENTIAL EVANGELICAL LUTHERAN CHURCH

Www.MessiahLutheranmqt.org

Worship Services

Saturday 5:00 pm Sunday 8:30 am

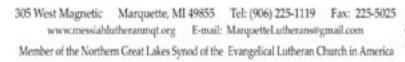
(with Nursery)

Sunday 10:30 am

(with Nursery)

8:30 am broadcast on 101.9 fm & livestream on facebook at www.facebook.com/messiahlutheranmqt

10:30 am livestream on Facebook





October 27, 2024

23rd Sunday after Pentecost

Flowers: To the Glory of God & In Loving Memory of...

- * Nancy Rolig-Todd from Don Hillegas & family
- * Kal & Nancy Kalweit's 71st anniversary in heaven from their daughters

To the Glory of God & In Honor of...

* Sabrina Taube's birthday with love from her dad

Radio: To the Glory of God & In Honor of...

* James Lahti's birthday from his children & grandchildren

Livestream: To the Glory of God...

* from our Messiah family

Siblings in Christ,

I've been thinking a lot about our congregation as this election draws near. During coffee fellowship conversations, prayer requests, and in the quiet sighs I hear in our church hallways, I can sense the weight many of us are carrying. It reminds me of those disciples out on their fishing boat when the storm kicked up – all of them wondering what would come next.

I want you to know this: it's perfectly okay to feel anxious. The Bible shows us time and again that God's people have wrestled with uncertainty. The Psalms aren't just songs of praise – they're honest conversations with God about fear, doubt, and hope. David spent his share of time in wilderness caves, pouring out his worries in prayer, yet somehow managing to find his way back to gratitude.

We know that after the votes are counted, some of us will feel relief while others may struggle with the results. And yes, we likely will be waiting longer than usual for all the numbers to come in. Like the Israelites in the wilderness or the disciples in the upper room, sometimes the waiting itself tests our faith. But remember – we're a community bound together by something far deeper than political agreement.

In times of uncertainty, I've found that gratitude can be a way to help stay grounded. Like Ruth gathering grain in Boaz's field, we discover God's providence in unexpected places. Even amid our fears and concerns, we have so much to be thankful for:

- This faithful community that transcends political differences
- The freedom to worship and serve together
- Those daily moments of grace that remind us of God's presence

- The ongoing work of compassion in our community
- The wisdom of those who came before us, showing us how to keep faith in challenging times

As your pastor, I want to offer these gentle reminders:

- 1. We are first and foremost a community bound together by Christ's love, not by political ideology. Like branches of the true vine, our unity transcends the divisions of this world.
- 2. God's story is bigger than any single election. From Egypt to Babylon, from Roman rule to our present day, faithful people have faced uncertain times while continuing to work for justice, show mercy, and walk humbly with God.
- 3. Our call to love our neighbors remains constant. Like the Good Samaritan, we're called to reach across divisions with compassion. That means choosing our words carefully, listening generously, and resisting the urge to vilify those who disagree with us.

And here, again, are some ways to care for ourselves during this anxious season:

- Take regular breaks from the news cycle. Even Jesus needed quiet time apart (and he didn't have 24/7 news or social media to contend with).
- Channel anxiety into action. Volunteer at church or in the community. Like Esther, perhaps we're here "for such a time as this."
- Start or end each day by naming three blessings, following King David's example of praising God morning, noon, and night
- Remember to breathe deeply and listen for God's presence, just as Elijah heard the still, small voice.

Let's keep watching out for each other, too. Share a meal, lend an ear, extend a kind word. Sometimes the best medicine for a worried heart is simple connection with a fellow traveler on the journey.

If you are struggling and need support, please know my door is always open. I am available for pastoral care conversations, whether in person or via phone.

Finally, I remind you of Paul's words to the Philippians: "Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."

May we hold fast to this promise, even as we engage thoughtfully and faithfully with the important civic responsibilities before us. And may our gratitude for God's enduring presence give us strength for whatever lies ahead.

In Christ,

Pr. Andrew

Messiah Calendar

Monday, October 28

7:00 am AA

10:00 am OWLs Walk

6:00 pm Bell Choir Rehearsal

7:00 pm AA

Tuesday, October 29

11:00 am Staff Meeting

11:00 am Centering Prayer

12:00 pm QiGong (zoom)

5:30 pm Superior Handbells

7:00 pm Male Chorus

Wednesday, October 30

7:00 am NA

5:00 pm Senior Choir Rehearsal

Thursday, October 31

7:00 am AA

10:30 am Koinonia Bible Study

Friday, November 1

9:00 am Senior Men's Bible Study

Saturday, November 2

5:00 pm Worship

Sunday, November 3

8:00 am Senior Choir Rehearsal 8:30 am Worship-Traditional

10:30 am Worship-Contemporary

In The Hospital

Please inform the church office when you are hospitalized. Pr. Andrew Plocher would like to visit you when you are there. If you are unable to notify Messiah, please ask a family member to do so.

Quilting

If you would like to work with Messiah's quilting group, please contact the office.

Time Away

Pr. Molly will be on sabbatical through December 1st.

On Call

Pr. Andrew Plocher: November 1-30

Newsletter Deadline

The deadline for articles to be included in our December newsletter is **Monday**, **November 18**, **2024**.

Messiah's Newsletter

October 27, 2024 Volume 106, Issue 11

Articles for Weekly Announcements are due by 6:00 pm each Wednesday

Transportation to Voting Booth

If you are in need of a ride to your voting booth on Tuesday, November 5th, please contact Laura Petrie at 906-250-1866 to request the ride and set up a time.

Community Meal - November 6th

Messiah will be hosting a community meal on Wednesday, November 6th at 6:00 pm. This meal will be a Thanksgiving feast & a vegetarian option will be available. Please join us as we gather for a meal. We look forward to seeing you!

1st Communion Opportunity

This year, Pastor Molly will teach a First Communion class on Saturday, December 21st from 10:00 am – 12:00 pm. If you are wondering whether your child is ready, a simple curiosity in receiving communion can be the sign. We will gather to learn about Jesus' Last Supper, what communion means to us as Lutherans and then bake bread together which will be served at First Communion will happen on Christmas Eve (December 24th) at the 4:00 pm family worship service. This class is open to all children of elementary age and older whose parents see an interest and readiness to participate in communion. Please RSVP to the office by December 8th – parents & students attend together.

Passages

In Sympathy to:

* family & friends of Jean Arntsen who passed away on Sept. 29th. Her visitation (10:30 am) & funeral (11:00 am) will be held at Messiah on Monday, Nov. 18th with a luncheon to follow in Magnuson Hall.

In Celebration of:

- * the birth of Madeline Joy, born on Wednesday, October 16th to Stephen & Molly Luty. Mom & baby are doing well!
- * our two youth who were confirmed during worship on Sunday, October 27th at our 10:30 am service. Congratulations to both Emma Maki-Warne & Aubrey Muscoe on your accomplishment.

Bake Sale at Global Fair Trade Market

This year's Fair Trade Market will include a bake sale. Please donate your wrapped home-baked goods to the church office. Drop-off times are Thursday, November 21st from 8:30 am to 4:30 pm and Friday, November 22nd from 3:00 - 5:00 pm. Please provide a label to identify your item and an ingredient list. This allows us to separate gluten-free and vegan items, and provides allergen information for our customers. Happy baking!!!

Messiah's Birthdays

November 2024	
Friday 1	Valerie Dragon, Etta LaFayette
Saturday 2	Marilyn Andersen
Sunday 3	David Nocerini, Diane Skewis
Monday 4	John White
Tuesday 5	Sherry Labbe, Leslie White
Wednesday 6	Jane Kamps
Thursday 7	Isabel Johnstone, Kate Ziegler
Friday 8	Marc Blom, Bruce Davey, Theresa Delpier, Janice Johnstone, Brett LaBelle
Saturday 9	Mary Davis, Jeremy Labbe
Sunday 10	Wayne Hanmer, Viola Sundman
Monday 11	No birthdays
Tuesday 12	Linda Carlson
Wednesday 13	Glenda Rusbel, Lynette Suckow
Thursday 14	Julia Dellangelo, Marcia Heron, Mary Ruman
Friday 15	Ray Jarvis, Brexton Reece
Saturday 16	Shirley Teed
Sunday 17	Easton Herman, Peggy Kapfhamer, Wayne Phillips, Sally Wilson
Monday 18	Katie Beerman, Mark Dellangelo
Tuesday 19	Shelly Johnson, Anna Mendelin
Wednesday 20	No birthdays
Thursday 21	Brooklyn Fortin, Rachel Skaw
Friday 22	Peggy Bagley, Bradley Brow
Saturday 23	Alison Cory, Stephen Murto, Hannah Ruuska, Will Voskuhl
Sunday 24	Donna Marlor, Tina Peterson, Jean Whitman-Shelby
Monday 25	John Bleckiner, Sally Davis, Cecelia Janda, Keith Johnstone

Wednesday 27	Leonard Beaudoin, Becky Blom, Bill Davis
Thursday 28	Harry Rajala, Anna Rector
Friday 29	Kayla Dennis-Benam, Molly Hunter, Kerry McGinley
Saturday 30	Lucas Buruse, Darlene Martin

Happy Anniversary!

Happy Anniversary to the following couples in November:

Peter & Cindy Kotila November 4
Bob & Mary Beals November 9
Jim & Julie Elder November 9
Andrew & Sarah Stevens November 13
Rick Beyers & Wayne Hanmer November 28

Lutheran World Relief In-Gathering

We had a successful In Gathering for LWR on Saturday, October 19th. We received boxes of quilts & kits from eight different churches in our conference. The full size semi truck was 1/3 full with 288 boxes from our location. It was a beautiful day and we had great help from Marina Shinkarenko, Jean Reynolds, Kate Sromalski, Linda Berry, Crystal Swanson, Jeff & Jen Dodge.

2024 Giving Tuesday is on December 3rd

Our Assistance Fund is supported, in large part, by the generosity of our congregation on Giving Tuesday. We urge you to make this event a part of your seasonal giving once again. We attempt to be a last resort source of help for folks who are not eligible for any other charitable, or government supported programs. When people call for an appointment they are greeted by our friendly office staff, and caring volunteers, with as little "red tape" and paper work as possible.

We have no residency or church affiliation requirements – just a desire to minister as Jesus would and your support makes this ministry possible. The Assistance Fund is not a part of our church budget. And the needs are only growing.

We are on track to distribute over \$40,000 in 2024 and will have interviewed more than 300 families.

Please join us on <u>Tuesday, Dec. 3rd from 11:00 am - 6:00 pm</u> for a day of food, fellowship, and the chance to win a beautiful quilt created by Penny Streeter. ALL ARE WELCOME!

UP Wild

UP WILD Nature Prayer Service: Sunday, November 24th at 4:00 pm: Nature Prayer Service "Enacting Change; Affirming Creativity" with guest Kristi Hinz of Marquette Hope, St. Pauls Chapel

Tuesday 26 Kerry Wiese

Benefits of an 11th Step Centering Prayer Practice

There is a direct linkage among self-examination, meditation, and prayer. Taken separately, these practices can bring much relief and benefit. But when they are logically related and interwoven, the result is an unshakable foundation for life. 12 & 12

The positive effects of the prayer are experienced in daily life and not necessarily during the prayer period itself. Growth happens when we practice

Centering Prayer in the context of the 12 Steps. Some benefits are:

- We enhance our ability to "Let Go and Let God."
- We develop a nonjudgmental attitude of ourselves & others.
- We become more comfortable in our own skin.
- We grow in our capacity to listen and serve others.
- We nurture our ability to live in the present moment

Are you searching for emotional and spiritual sobriety? Whether you have been in recovery for a long time or are just beginning, you have probably experienced many frustrated feelings that didn't just go away when you got abstinent or sober...problems with relationships, work, anxiety, depression, or feelings of emptiness. These feelings are natural for us regardless of our addiction or time in recovery. But we don't have to let emotions rule our lives. The 11th Step offers us a solution! Through the simple method of Centering Prayer, we can improve our relationship with our Higher Power by simply consenting to our Higher Power's presence and action within us. Centering Prayer is an ancient meditation practice that has been used over the centuries, but it is different from what we may think of as prayer. It is not the type of prayer we are used to, like praying for something we want. It is simply moving deep within ourselves, in silence, saying nothing, asking for nothing, just being, by letting go of our thoughts and allowing our Higher-Power to be with us. (taken from 12 Step Centering Prayer brochure.)

A weekly meeting will be starting on Monday, November 4th at 6:00 pm in room 201. This is an open meeting. All are welcome. You do not need to be in a 12-step program to attend. The meeting will begin with settling in with a prayer. A bell will ring at the beginning and end of our 20-minute silence. After our sit, we will read the Prayer of St. Francis. For more information, please contact Laura Petrie (you can request her phone number from the church office). Or check out the website for information about Centering Prayer: www.cp12stepoutreach.org or at www.contemplativeoutreach.org

Quilting Group Needs

Messiah's quilting group is in need of sheets that are made of cotton or cotton blend. If you have some that you are willing to part with, they can be dropped off at the church office. Thank you!

Lectionary Readings - November 2024

24th Sunday after Pentecost November 3

Deuteronomy 6:1-9 Reading Gospel Mark 12:28-34

November 10 25th Sunday after Pentecost

Reading 1 Kings 17:8-16 Mark 12:38-44 Gospel

November 17 26th Sunday after Pentecost

Reading Daniel 12:1-3 Gospel Mark 13:1-8

November 24 Christ the King Reading Daniel 7:9-10, 13-14

Gospel John 18:33-37

Global Fair Trade Market

This year's Global Fair Trade Market will be on Saturday, November 23rd and Sunday, November 24th. On Saturday it will be open to the public and the hours are 10:00 am - 4:00 pm. On Sunday it will be open before and after the worship services. We will be selling a variety of fair trade items, including home goods, Christmas gifts and decorations, jewelry, kitchen items, and much more from all over the world. For more information, please visit Messiah's Facebook event page. If you have questions, email Rachel Skaw at rachel.skaw@gmail.com. Please mark your calendars and share with others in our church and the community!

Mitten Box

We are getting into cooler weather & it is time to think about helping to keep others warm this winter. Thankfully, we have an abundance of donated yarn (under the table in the atrium) we can use to make warm accessories for the upcoming winter. So let's grab our needles, grab a warm beverage and cozy up for some knitting or crocheting. Purchased items are always appreciated too. Our community in need is always thankful for your generosity. The collection box will be in the atrium in October and distribution of the items is the first week of December. Thank you!

To view our calendar, updated daily, please go to messiahlutheranmqt.org

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Centering Prayer - Tuesdays at 11:00 am

We know things at the core of our being that we have not necessarily been taught, and some of this deep knowing may actually be at odds with what our society or religion has tried to teach us....what we know in the depths of our being, (is) that the earth is sacred and that this sacredness is at the heart of every human being and lifeform. "Sacred Earth, Sacred Soul" by John Philip Newell

The Christian spiritual path is based on a deepening trust in God. It is trust that first allows us to take that initial leap in the dark, to encounter God at deeper levels of ourselves. It is trust that guides the intimate refashioning of our being, the transformation of our pain, woundedness, and unconscious motivation into the person that God intended us to be. "Intimacy with God" by Thomas Keating

We have been instructed by Jesus to behave in ways that normal humans find impossible. But would we be asked to do the impossible? Jesus told his followers that even though he was out of their sight, he was with them always and that God would send an advocate to be with them forever. "This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you.....the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and remind you of all that I have said to you. Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid." John 13:17, 26-27

Centering prayer is consenting to God's presence and action within by letting go of our worldly knowledge and concepts. To "be still and know that I AM $\,$

God." Psalm 46:10

We practice going to God with open minds and hearts via Centering Prayer every Tuesday from 11:00 am - 12:00 pm. The method is simple to learn and strengthened by communal practice. We follow our twenty minutes of silent prayer with a Lectio Divina. All are welcome.

Senior Men's Ministry

Messiah's Senior Men's Ministry is meeting every Friday at 9:00 am in room #202. We meet for about an hour. Please join us on Fridays!

Join Mqt MomCo - Marquette Area Mom Community

Calling all moms with young children! Elevate your motherhood journey with Mqt MomCo (formerly known as MOPS). MomCo meets on the 1st Thursday of each month from September to May at Messiah, from 5:15 pm to 7:15 pm. It's a time for moms to connect, share experiences, and support each other through the highs and lows of motherhood. Childcare is usually available during meetings. For more details, contact the church office or Renee Jewett, co-coordinator.

Protecting Your Financial Wellbeing: A Note About Scams

In light of increasing financial scams in our community, we want to share some important safety reminders:

- Your bank will never call, text, or email asking for your password, PIN, or full account numbers. Legitimate bank staff won't pressure you to act immediately or threaten to close your account.
- Be cautious of unexpected calls about "suspicious activity" on your account. Hang up and call your bank directly using the number on your card or statement.
- Watch for fake banking websites and emails. Check web addresses carefully scammers often use URLs that look similar to real bank websites.
- Never give remote computer access to someone claiming to be from your bank or a tech company.
- Our clergy will never email or text you requesting gift cards, wire transfers, or urgent financial help. If you receive such messages, even if they appear to be from church leadership, please call the church office to verify.
- If someone claims to be a family member or fellow church member in financial distress, always verify their identity through trusted channels before sending any money.
- If an offer seems too good to be true or creates pressure to "act now," it's likely a scam. Take time to verify and consult trusted family members.

Remember: God gave us wisdom to be good stewards of our resources. When in doubt, pause, pray, and verify before sharing any financial information.

If you think you've encountered a scam, contact your bank immediately and report it to the FBI's Internet Crime Complaint Center (IC3.gov).

"Be wise as serpents and innocent as doves." - Matthew 10:16

Pr. Molly's Sabbatical Presentation

On Thursday, December 12th at 7:00 pm Pr. Molly will be presenting on her sabbatical & her trip to Iona Scottland. Come and learn more about Celtic Christianity, how it began, it's spiritual principles and how it shaped the culture of Iona Scottland and the Abby there. Also find out more about how Pr. Molly spent her time away.

Upcoming Events

Nov 6 Community Meal at 6:00 pm in Magnuson Hall

Nov 23/24 Global Fair Trade Market at Messiah Nov 28 Thanksgiving Day - church office closed Dec 3 Giving Tuesday -- from 11:00 am - 6:00 pm

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A Smart Way to Give - IRA Qualified Charitable Distribution

Did you know that you can give through your IRA?

This is a wonderful giving opportunity for those over 70½: Federal legislation allows you to make tax-free distributions from your IRA directly to a charity, such as our church. This distribution means no increased income or payment of additional tax. This opportunity may be used for your annual stewardship gift or a planned gift to our church.

Some of the details of the IRA Rollover:

- Donors must be age 70½ or older at the time of transfer.
- Distributions must be made (1) directly from the trustee (2) to the qualified charity, such as our church.
- This qualifies toward the IRA owner's Required Minimum Distribution.
- Distributions are not included in the owner's adjusted gross income.
- No taxes are paid on qualified charitable distributions.
- Please consult your qualified professional advisers on how this gift would fit into your overall plans and your eligibility for tax benefits.

We are grateful for your generous giving and want to assist in any way we can. If you have questions, please do not hesitate to reach out to our financial secretary, Anne Rydholm (anne@messiahlutheranmqt.org).

The New Free Store Donations

The New Free Store is in need of the items listed below. There is a collection bin in our narthex at Messiah for The New Free Store.

*November - Toothbrushes (child/adult), Toothpaste, Dental Floss, Denture Cleaner

*December - Laundry Soap, Dish Soap, Bar Soap

OWLs Movie Time - November 19

On Tuesday, November 19th the OWLs will gather for a movie in the atrium. Show time is 2:00 pm for one long time musical from the past. Bring your own drink & a snack to pass/share.

In Our Prayers

Please remember the following people in your prayers at this time: Karl Kaukola; Joan Myefski; David Raikko; Larry Brunton; Charlie Blake; Carol Bell; Dorothy; Lillian Tuimala; Lynne Robertson; Jan Brown; Betsy; Karen; John & Rose Collins; Rick Castillo; Ruth Koehler; Don Hillegas; Grant; Kai Dolan; Samantha; Phyllis Champion; Ted; Bruce Lindberg; Grace Chien; Jamie; Judy Donckers; Jon Kamps; Donna; Brian; Ben; Sandy Grenke; Evelyn; Akira Carlson; Karen Eldevick; Grace; Shannon; Billy & Kathy S.; Lu Swanson; Leesa; Jesse Wright; Marshall Lovan; Peter; Shawn; Mae Desonia; Lisa Douros; Tina; Williamson family; Wayne Hanmer; Sierra; Charlene Avery

You may call the office if you would like a person listed in the prayers. Please obtain permission from the person to list his/her name. We also appreciate updates as to how people listed are progressing. Thank you!

Council Highlights - October 16th

At the October 16 Council meeting, several key items were discussed. The Finance Committee reported progress in addressing the budget deficit, including a \$9,000 boost from a matured CD and the continued generosity of the congregation. In his report, Pastor Andrew expressed gratitude for the Stewardship team's efforts this fall and noted the strong turnout for Confirmation, with 11 students from Messiah currently participating. Council approved the Building and Grounds team's request to accept a bid to repair and paint the exterior (eastern) wall of the Magnuson Hall wing in spring 2025. Other updates included the completion of playground structures by Gretchen's House and progress on the A/V project. New business highlights included a donation of cemetery plots and an updated "Messiah Funeral Home Quick Guide" to clarify procedures and fees for funeral homes. The next meeting will be on November 20, 2024, at 6:30 p.m.

New Office Manager at Fortune Lake

Fortune Lake is pleased to announce the hiring of their new Office Manager, Valeria "Val" Rons! Val comes to FLLC with a great deal of education and experience in international business as well as a desire to serve an organization that shares the love of God and provides opportunities for community. Val lives locally with her husband and teenage son. She originally hails from Mexico and is especially excited to connect with our Spanish speaking staff and guests.

Valeria has been training with Deb Hansen, the previous Office Manager, and she is quickly learning the ropes. You can look forward to hearing Val answer phones or meeting her at upcoming retreats, rentals, and Fall Fest. Please join FLLC in giving Val a warm Fortune Lake welcome!

Bowls for a Cause

Turned Wooden Bowls are available for a donation to the community assistance fund. They are located next to the homemade jams in the narthex. All bowls are homemade and are finished with a food safe finish. If you have questions about the bowls they can be directed to Paul Carstens at pcarsten@ alumni.nmu.edu.

Office Administrator Needed for NGLS

This full-time, in-office position is the primary administrative support for the Executive Staff of the Northern Great Lakes Synod, Evangelical Lutheran Church in America located in Marquette. Applicants should have strong organizational skills, ability with both digital and written communication tools, and experience in general office management. Compensation is commensurate with experience. For a full position description, go to www.nglsynod.org. Send resume and cover letter to ngls@nglsynod.org or 1029 N. Third Street, Suite A, Marquette, MI 49855.

Lake Superior Life Care & Hospice Events

<u>Community Grief Support</u> - Loss of a loved one can look different for everyone. Let our team help you on your journey to new beginnings. This group is designed to support you with education, resources, and a safe place to listen and share. Free & open to the public. No affiliation to our hospice is required. Please call 906.225.7760 if you have any questions. <u>Choose the location</u> that works best for you!

Marquette

11/20/24 5:30 - 6:30 pm

Lake Superior Life Care & Hospice office at 914 W Baraga Ave-Marquette

Gwinn

11/13/24 2:00 - 3:00 pm

Forsyth Senior Center at 165 N Maple St-Gwinn

Caregiver Support Groups – Are you feeling isolated or burnt out as a caregiver? Do you experience frustration or guilt and need a safe place to process? Join us for opportunities to share your feelings, develop friendships, receive emotional support, and to learn about available community resources. There will be occasional guest speakers for relevant topics as well. This group is free and open to the public! The group is moderated by Jamie Barbiere, RN Community Outreach Coordinator from Lake Superior Life Care and Hospice. Choose the location that works best for you! Please call 906.225.7760 if you have any questions.

Marquette (2nd Wednesday of every month):

11/13/24 from 2:00 - 3:00 pm

Lake Superior Life Care & Hospice Office; 914 W. Baraga Ave.

Telephone Based:

3rd Tuesday of every month

11/19/24 from 2:00 - 3:00 pm

Call 906-485-5527 to register, landline or cell phone required to participate

<u>Live & Learn Millcreek</u> – Topic - Memory JournalingHave you ever thought about the legacy you will leave behind? Join us as we capture memories and share in journal form the experiences of our lives and how it has shaped us and made us who we are. Our reflections and memories in writing can be a gift for those we love and for future generations. This can also help us find meaning in the life we have led. Journal materials will be provided. Free & open to the public. Thrusday, November 21st from 2:00 – 3:00 pm Millcreek Clubhouse 1728 Windstone Dr, Marquette.

Aging U.P. Part 3 - Exercise your brain! 11/6/24 from 1-2 PM at the Marquette senior center. We all know that our bodies need physical exercise, but did you know our brains need exercise as well? You will learn now to focus on strategies that will help strengthen your attention, concentration, decision-making, memory and problem solving. Presented by speech language

pathologist Chris Harkness. Call (906) 228-0456 to make an appointment for a cognitive assessment or to RSVP for the presentation (not required).

<u>Matter of Balance</u> – Do you have concerns about falling and/or restrict your activities due to those fears? This free eight week program emphasizes practical strategies to manage falls. Call 906.228.0456 to register! The class meets every Tuesday, November 5 - December 17 from 12:00 - 2:00 pm at the Marquette Senior Center. Registration is limited to 12.

Advance Directive Lunch & Learn - November 14th from 12:00 - 2:00 pm An important step in planning for the future, no matter what age you are is completing an advanced directive. This is a legal document that outlines a person's preferences or medical care and who should make decisions for them if they are unable to communicate their wishes. Please RSVP to this informative and interactive lunch and learn. A virtual option will also be available if you cannot attend in person. Please call 906.225.7760 to RSVP. Presented by Jamie Barbiere, RN Outreach Coordinator & Wendy Prevost, LMSW.

OWLs Christmas Party - December 18

You are invited to the OWLS Christmas party on Wednesday, December 18th from 12:00 to 3:00 pm in the atrium. Please bring a drink & a sandwich cut in half for trading/sharing, and Christmas cookies if you have some. We will also have a white elephant gift exchange. Please bring a wrapped or bagged inexpensive gift if you would like to participate. Frivolity and high jinks are anticipated.

Brookridge Worship

Our worship service at Brookridge is held on the 2nd & 4th Wednesday at 1:30 pm. Several of our members live there & attend our service regularly. In addition, members of other faith communities join us, making our attendance grow to about 20-25 on a given day. Our service includes hymns, confession, absolution, thanksgiving, psalms, scripture, a homily, Apostles Creed and Holy Communion. It is a real worship service.

Worshipping with this congregation is a blessing. The singing is robust, the prayers are from the heart, communion and forgiveness is truly felt and the fellowship is sincere.

Radio Broadcast & Livestream Sponsorship

We are in need of sponsors for weekly/ongoing radio broadcasts & livestream. If this is something you would like to support, please contact the office & share what you would like written for your sponsorship; it can be in honor or in memory of a loved one.

You can reach us by phone at 225-1119 or email at office@messiahlutheranmqt.org. The cost of the Radio Broadcast or Livestream sponsorship is \$110.00 each.

November 2024 Worship Volunteers

Saturday November 2 - 5:00 pm

Assisting Minister 1 Communion Asst. 1

Sunday November 3 - 8:30 am

Assisting Minister 1

Reader 1 David Echelbarger

Ushers 2

Communion Assts. 4

Greeters 2

Sunday November 3 - 10:30 am

Assisting Minister 1

Reader 1 Ushers 2

Communion Assts. 4

Greeters 2

Projection Technician 1

Saturday November 9 - 5:00 pm

Assisting Minister 1 Communion Asst. 1

Sunday November 10 - 8:30 am

Assisting Minister 1

Reader 1 Larry Pagel

Ushers 2

Communion Assts. 4

Greeters 2

Sunday November 10 - 10:30 am

Assisting Minister 1

Reader 1

Ushers 2

Communion Assts. 4

Greeters 2

Projection Technician 1

Saturday November 16 - 5:00 pm

Assisting Minister 1 Communion Asst. 1

Sunday November 17 - 8:30 am

Assisting Minister 1

Reader 1

Ushers 2

Communion Assts. 4

Greeters 2 Penny Streeter, Sherry Labbe

Sunday November 17 - 10:30 am

Assisting Minister 1

Reader 1 Ushers 2

Communion Assts 4

Greeters 2

Projection Technician 1

Saturday, November 23- 5:00 pm

Assisting Minister 1 Communion Asstt 1

Sunday November 24 - 8:30 am

Assisting Miinister 1

Reader 1

Ushers 2

Communion Assts 4

Greeters 2 Joan Tasson, Jan Vickstrom

Sunday November 24 - 10:30 am

Assisting Minister 1

Reader 1

Ushers 2

Communion Assts 4

Greeters 2

Projection Technician 1 Kathy Godec

Saturday November 30 - 5:00 pm

Assisting Minister 1 Communion Asst. 1

Devotions Link

www.prayfaithfully.org is an on-line devotional reading service maintained by the Northern Great Lakes Synod and written by various pastors and laypersons.

O Messiah's Church Staff:

Pastoral Staff:

Associate Pastor... Senior Pastor.....

Andrew PlocherMolly Hunter

Support Staff:

Parish AdministratorJennifer Dodge Anne Rydholm Administrative Assistant ... Kathy Godec Mike Hill Parish Accountant..... Financial Secretary..

Music Staff:

Kathy Strazzinski Jocelyn Basse Bell Choir DirectorJudy Quirk Music/Choir Director.....Sara Parks Organist/Pianist....

Messiah Lutheran Church 305 W. Magnetic Street Marquette, MI 49855

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