

Messiah

Evangelical Lutheran Church

Answering God's call to love

Messiah ENewsletter for August 20, 2025

On the web... go to messiahlutheranmqt.org for more information about our congregation and “like” us on Facebook to receive updates and information there.

Messiah Lutheran Church seeks to be a welcoming community for all people. This includes people of every race, ability, sexual orientation and gender identity, ethnic background, economic grouping, religious affiliation, and political persuasion.

We do this simply because God created all people in God's own image and Christ Jesus came so all people might have abundant and eternal life.

We may not always be as welcoming as we should be, but this is our intention—all are welcome!



Upcoming Events – August

- | | |
|--------|-----------------------------|
| Aug 20 | Council at 6:30 pm |
| Aug 21 | Bible Study at 10:30 am |
| Aug 21 | Centering Prayer at 1:30 pm |

Aug 22	Senior Men's Bible Study at 9:00 am
Aug 25	11-Step Centering Prayer at 5:30 pm
Aug 26	Centering Prayer at 1:30 pm
Aug 27	Brookridge Worship at 1:30 pm
Aug 28	Bible Study at 10:30 am
Aug 28	Centering Prayer at 1:30 pm
Aug 28	Global Mission at 6:00 pm
Aug 29	Senior Men's Bible Study at 9:00 am
Aug 31	10:30 am Worship at Clark Lambros Beach
Sept 1	Labor Day – Church Office Closed
Sept 1	11-Step Centering Prayer at 5:30 pm
Sept 2	Centering Prayer at 11:00 am
Sept 3	Community Meal at 6:00 pm

“Revealed – Hope at the Edge of the World”

A New Sermon Series on the Book of Revelation

Beginning on August 3, we're going to spend five Sundays with a book that many of us have avoided, misunderstood, or just found a little...weird: Revelation.

But what if it's not about predicting the end of the world? What if it's about how to live in the world—faithfully, courageously, hopefully—even when things feel like they're falling apart?

This series is an invitation to read Revelation not with fear, but with open eyes and open hands. We'll talk about empire and allegiance, beauty and resistance, and the kind of hope that doesn't ignore what's hard but moves through it.

There is a daily devotional to guide us through the month. It is available on the small table outside the church office. Please help yourself. Plenty of space for honest questions.

And (I hope) a fresh look at a strange and stunning text.

If you're looking for a thoughtful way to engage the tension between faith and empire, hope and realism, Revelation might have more to say than you've been led to believe. – Pr. Andrew

Beach Worship Is Back!

We're heading back to the beach this summer—and you're invited. .On Labor Day weekend, our 10:30 worship will take place at Clark Lambros Beach Park.

Mark your calendars: **August 31st**

Bring a chair, bring a friend, and come ready to worship with sand between your toes and Lake Superior as our chancel. There's nothing quite like singing, praying, and sharing communion with the waves rolling in.

If the weather doesn't cooperate, we'll be in the sanctuary like usual. But here's hoping for sunshine and a light breeze!

Gretchen's House to Close in September

Gretchen's House has informed us that they will be closing their Marquette location, housed in our church building, effective September 12. This news comes as a surprise and brings with it real sorrow, frustration, and uncertainty—for families, staff, and for our congregation. While the decision was made by Gretchen's House leadership, we know it impacts us deeply, especially given the hopes we shared when this partnership began. Please keep all those affected—children, families, and staff—in your prayers. We will share more information in the coming weeks as we listen, grieve, and begin discerning our next faithful steps together.

Pastor Molly's Maternity Leave

Messiah's parental leave policy is for 12 weeks of leave. Pr. Molly started her leave on Monday, June 16th & is taking 10 full weeks off. She will then return on Monday, August 25th and take the next 4 weeks half time, being in the office on Tuesday/Thursday each week and weekends until September 21st. She will be back full-time starting Monday, September 22nd.

UP Wild

Sunday, August 31st at 3:30 pm: Wild Church Service, Presque Isle Gazebo
(go to upwild.org for more information)

This Here Flesh — Book Study – September 15

What does it mean to live with dignity? To carry memory, fear, hope, and joy in a body that longs for healing? This September, we're inviting you to read *This Here Flesh* by Cole Arthur Riley—a beautiful, thought-provoking book that weaves together story, spirituality, and justice. Riley writes with honesty and beauty—poetic, grounded, and deeply rooted in lived experience. She explores themes like lament, rest, liberation, and wonder—not as abstract ideas, but as threads woven into our everyday lives.

We'll meet once in September (Monday, September 15 at 7:00 pm) to talk about what moved us, what challenged us, and what's still stirring beneath the surface. No homework. No pressure. Just a chance to show up, reflect, and be part of something honest and real. Books are available in the church office for \$15. All are welcome—bring your story, your questions, and maybe a friend.

Lifelong Faith Formation

Fall 2025 Classes are open for registration.

Giving thanks for the opportunity to come together for listening and learning. Lifelong Faith Formation has been working to Equip the Saints in the Northern Great Lakes Synod and beyond for five years.

Join the shared conversations and enjoy the diversity of opportunities to learn with others as we grow in faith and respond to God's daily call.

The classes are free but may require the purchase of books or materials. Classes will be held via Zoom. Registration will be open through September 15.

Caring for Creation - a discussion study of the theological, societal, and scientific reasoning of the ELCA Social Statement. Instructor: Chuck Thomas, NGLSynod Vice President.

Wednesday evenings for 6 weeks, September 24 - October 29; 7-8 pm Eastern Time, 6-7 pm Central Time.

Feeding Your Soul - Practicing Spiritual Practices - Instructors: Pastors Terry Cathcart, Terry Frankenstein, Lee Goodwin, Grant Van Lishout; Deacons D'Etta Broam and Noreen Stevens.

Monday evenings for 7 weeks, September 15 - October 6, November 3-17; 7-8 pm Eastern Time, 6-7 pm Central Time.

In the Beginning: the first 11 Chapters of Genesis - Instructor: Pastor Tommy Wimsae.

Thursday evenings for 10 weeks, September 18 - November 20; 7-8 pm Eastern Time, 6-7 pm Central Time.

Introduction to Biblical Hebrew - Instructor: Pastor Nicole Hanson-Lynn. Sunday evenings beginning September 21 with end date to be determined; 7-8 pm Eastern Time, 6-7 pm Central Time.

Recognizing, Responding, and Re-Visioning Discipleship in an age of Christian

Nationalism - Instructor: Pastor David Van Kley. Tuesday evenings for 4 weeks, October 7-29; 7-8 pm Eastern Time, 6-7 pm Central Time.

For more information on these classes, check the handout on the Welcome Table. To register, go to nglsynod.org/lifelong-faith-formation/

Sunday School Families

Sunday School for the fall begins on Rally Sunday – September 7th . Registration for this fall is now live on Messiah's website. Rally Day also includes a picnic style lunch of hot dogs after 10:30 worship along with fun activities for kids.

Rally Day - Save the Date!

Our kick-off to fall programming starts with Sunday School & Rally Day, which both start on Sunday, September 7th. Our Rally Day picnic will be held in our east parking lot. We will have hot dogs, chips, watermelon & ice cream sandwiches. We will also have some fun things for the kids! If you are willing to help make this day a success, please sign up at the welcome table. Thank you!

September Visit from Members of Azania Front, Tanzania

As many of you know, plans have been in the works for over a year for members of our companion congregation in Dar es Salaam, Tanzania, to visit us this fall. The Global Mission team is pleased to report that of the ten people applying for travel visas to the US eight people received them, one was denied, and one is still waiting for an interview. We have invited them to be with us in Marquette from September 20-30 and are looking forward to welcoming them to our congregation and community and learning from them as well.

All of us can play a role in making this group feel welcome. Check out the kiosk in the atrium with the group members' pictures and information. Note the side which has the photos from the 2017 visit. Think of how you can share the faith-life at Messiah and this church's place in this community. Specifically, we ask you to:

1. Pray for their safe travel.
2. Introduce yourselves at worship and at other congregational events.
3. Take some of our guests with you to your favorite place, activity, store, or event.
4. Provide housing for two or more of them for one or two of the weeks they are here. a. Hosting would include some meals (especially breakfast) and transportation (usually to Messiah to meet the bus) b. Hosting for about half of the visit is a fine option.
5. Invite some of them to your home for a meal.

We are eager for your ideas & your help outside of hosting--check out the sign-up sheet or contact a member of the Global Mission team through the church office.

Fortune Lake News - Save the Date!

MARK YOUR CALENDARS....Fall Fest 2025: Quilt & Fine Arts Auction Fundraiser - Saturday, October 4th.

Our Sisters of the Cloth and other generous artisans and quilters are hard at work to provide the beautiful, high-quality items you have come to expect from this event. Join us in support of the ministry of Fortune Lake Lutheran Camp!

For more information or for submission forms for the auction or Fall Fest country store, go to www.fortunelake.org.

Bowls for a Cause

Turned Wooden Bowls are available for a donation to the community assistance fund. They are located next to the homemade jams in the narthex. All bowls are homemade and are finished with a food safe finish. If you have questions about the bowls, they can be directed to Paul Carstens at pcarsten@alumni.nmu.edu.

Who Seeks Help from Our Assistance Fund?

Those we help in our Assistance Ministry come to us with needs that are not able to be met by any other agency in the area. For various reasons they struggle to get things that most of us take for granted. They are all ages and education levels, family situations and backgrounds. They are US. Here are some of needs that we have helped to fill over the years:

Utility bills to avoid shut off	Infant Car Seats
Rental assistance to avoid eviction	Work Boots
Storage Unit payments	Phones
Medical/Dental Bill assistance	Laundromat soap
Car repairs and gasoline cards	Bus Tickets
U Haul rentals	Car Insurance
Campground rental fees	Licensing & application fees

And the list goes on.....Thank you to Grant and Kathy Soltwisch (and now Rebecca Ulland) for their jam ministry & to Paul Carstens for his wooden bowl offerings and to all who support this ministry to our community.

---Mary Lou Blomquist

Senior Men's Ministry

Messiah's Senior Men's Bible Study has been meeting every Friday morning at 9:00 am in room #202. Please join them on Friday morning (except for Friday, July 4; no Bible study that day because it's a holiday).

Knotty Knitters

The Knotty Knitters will continue to meet at Messiah on the 2nd & 4th Tuesday of each month. The knitters typically meet in Magnuson Hall but occasionally meet in the atrium. They do join

one another for lunch at Vangos prior to coming to Messiah. Please contact Shelly Johnson for more information.

A/V Project Update: Halfway There—Let's Keep Building

Thanks to your generosity—and the matching support from Church Council—we've now raised \$14,000 toward our \$30,000 goal for the next phase of A/V upgrades at Messiah. This isn't just about tech—it's about accessibility and inclusion. With these improvements, we're working to ensure that everyone, whether they use hearing aids, worship from the atrium or nursery, or join us online—can fully participate in our life together. Upgrades will include enhanced T-coil support, better speakers in shared spaces, refreshed systems in Magnuson Hall, and stronger internet for streaming and ministry. Every gift brings us closer. Every dollar given is matched. Let's keep going—and make sure no one is left out of what God is doing here. Let's finish what we started—together

Jam News

The 2025 jam season is in full swing and there are freshly made jam jars on the shelves in the atrium. There is a small increase in cost, so in turn there will be an increase in price. The jam has been offered at \$5.00 per jar since 2015. It is now priced at \$6.00 per jar. We are offering a new product which is smaller jars at \$3.00 each. The smaller jars will be limited in quantity. These smaller jars will provide an opportunity to try a flavor you haven't tasted before or get a few at \$3.00 each for a gift for someone. As always, your purchase goes to Messiah's community assistance fund throughout the year.

Brookridge Worship

Our worship service at Brookridge is held on the 2nd & 4th Wednesday at 1:30 pm. Several of our members live there & attend our service regularly. Our service includes hymns, confession, absolution, thanksgiving, psalms, scripture, a homily, Apostles' Creed and Holy Communion. It is a real worship service. Worshipping with this congregation is a blessing. The singing is robust, the prayers are from the heart, communion and forgiveness is truly felt and the fellowship is sincere.

Summer Generosity Matters

Summer brings a welcome change of pace—time for rest, travel, and renewal. But while many of us shift into vacation mode, the ministry of the church continues in full swing. From worship and music to outreach and care, our shared mission doesn't take a break.

Historically, summer is a time when financial giving dips, simply because routines change. Yet your consistent generosity helps sustain the work we've committed to together. Whether it's supporting local food programs, keeping our building cool and welcoming, or planning for fall ministries, every gift matters.

If you're traveling, consider setting up automatic giving or making a one-time summer offering to keep momentum strong. Your support ensures that we remain a steady presence of hope and hospitality—even when calendars get full and rhythms shift.

Let's continue to be faithful stewards in every season, trusting that God multiplies even the simplest gifts offered in love.

2025 WELCA Retreat at Fortune Lake Lutheran Camp

Friday, September 19 - Sunday, September 21

Hidden Women of Faith

"She is clothed with strength and dignity; she can laugh at the days to come" Proverbs 31:25

Meet our Presenter: Dr. Katie Deaver. Our presenter this year is Dr. Katie Deaver. She holds a Ph.D. in feminist Theology and Ethics from the Lutheran School of Theology at Chicago.

Come and join us as we explore the lives of several remarkable women and discover the "hidden" ways their personal faith impacted their communities and the world. Through stories of resilience, strength, and devotion we'll celebrate these hidden women of faith as we continue our own faith journey. Katie is committed to making theology accessible and enriching for all people of faith. Cluster 8 welcomes you to come join in our 2025 retreat. We are currently planning our breakout sessions, but plan on card making, bible study and some gourmet s'mores with a wine pairing. Make some time and join us, bring a friend.

Registration forms and scholarship applications can be found at nglsynod.org/swo.

What is Centering Prayer?

Centering prayer is a form of silent prayer that emphasizes resting in God's presence through silence and a sacred word. It involves finding a quiet space, sitting comfortably, and focusing on a chosen word to help maintain stillness and let go of thoughts. The goal is to cultivate a deeper relationship with God through stillness and receptivity. Several members of Messiah

lead groups that practice this form of prayer throughout the week as a piece of their faith life. -
- Pr. Molly Hunter

Centering Prayer - "Be In the World But Not of the World"

Stillness before God transforms us into unhurried love. It is in the stillness of silent prayer that God turns over the soil of our hearts, revealing our desires to us and the source of their fullest satisfaction. When we stop moving, stop talking, and arrive present and quiet before God, he takes all of our disordered desires, distorted attachments, and codependences and transforms them into love.

When we use others to meet our needs, we can't love them. Codependent people don't truly love each other. They're using each other. Each needs the other to feel okay. When we need the world, need something from the world, need something from the fearfully and wonderfully made people who populate the world to make us feel whole ourselves, we can't love.

God has to break our attachments to the world so we can truly love the world. God has to break our attachments to the people in it who feed our egos so we can truly see others, know others, welcome others, and love others. The place where this happens is silent prayer. From *"Praying Like Monks, Living Like Fools"* by Tyler Staton

Opportunities to practice centering prayer with others: Tuesdays from 11-noon. No need to attend every session, come when you are able. We meditate together for 20 minutes; this is followed by inspirational readings for us to ponder. The Holy Spirit is the one in charge of these sessions. Our goal is to consent to God's Presence and Action within.

There are two other Centering Prayer sessions at Messiah; one on Mondays, starting at 5:30 pm, it is an 11-step Centering Prayer and there is a second one on Thursdays at 1:30 pm - -
Nancy Hamlin

OWLs (Older, Wiser Lutherans) Weekly Walk

Messiah's OWLs group walks on Mondays at 10:00 am at Lower Harbor Mattson Park. If the weather is rainy, we'll walk at the Dome. Afterwards we go to Provisions for coffee. We walk at different rates and all are welcome. If you are not interested in walking, join us for coffee. Questions? Please contact Betsy or the church office.

The New Free Store Donations

The New Free Store is an inter-faith, non-profit group supporting people who express a need for free clothing, linens, hygiene & cleaning supplies. Anyone in need is welcome. Free things

are offered as “in God’s economy three is always enough.” There is a collection bin in our narthex at Messiah for The New Free Store. They are currently collecting:

***August** – *Diapers, size 3-6 & Baby Wipes*

***September** – *Packages of feminine pads and/or tampons*

Crop Hunger Walk – October 12

The Marquette County Crop Walk will be on Sunday, October 12 with registration starting at 1:30 pm and the walk starting at 2:00 pm. Our host is The Marquette Hope Connection Center at 927 W Fair Ave. 25% of the money raised will be distributed locally to Feeding America (sponsored by Silver Creek Church) and the NMU Food Bank. 75% of the money raised will go to Church World Service for use with grassroots, hunger-fighting development efforts around the world. Join us in our quest to alleviate hunger in our communities! For more information, contact Crystal Swanson at crystaljswanson@yahoo.com or wesley@mqthope.com.

A Daily Guide for August

August 1 – Savor the Season

Notice what you love about summer—ripe fruit, warm sun, long days. Say thank you to God for what fills your senses with joy.

August 2 – Morning Light

Wake early enough to sit with the sunrise or morning quiet. Let the light remind you that each day begins in grace.

August 3 – Write a Thank You

Send a thank-you note or message to someone who’s made your summer better, even in a small way.

August 4 – Eat with Gratitude

Slow down as you eat today. Taste each bite. Give thanks for the farmers, workers, and hands that brought it to your table.

August 5 – Let Go a Little

What are you holding too tightly? Let something go today—an expectation, a task, a worry. Trust that not everything depends on you.

August 6 – Sabbath in Summer

Set aside time today to rest. Sit outside. Take a nap. Listen to crickets or the wind. Let creation teach you how to pause.

August 7 – School Supplies Prayer

Whether you're a student, teacher, parent, or simply near a school community, say a prayer over the tools of learning and those who use them.

August 8 – Notice the Transition

Feel the air change? Are the evenings getting shorter? Welcome the turning of time with curiosity, not resistance.

August 9 – Bless the Children

Pray for the children in your life—those you know and those you don't. Ask God to surround them with care and delight.

August 10 – Practice Presence

Be where you are today. Resist multitasking for an hour. Pay attention to the world around you.

August 11 – Look Up

Spend a few moments looking at the sky. Cloudy or clear, bright or dark—lift your eyes and rest in wonder.

August 12 – A Mid-Year Check-In

We're over halfway through the year. What has surprised you? What are you grateful for?

August 13 – Back-to-School Memories

Remember your own back-to-school experiences. What feelings come up? Offer them to God—whether joy, fear, awkwardness, or hope.

August 14 – Prayer for Educators

Pray for teachers, aides, staff, and administrators. Ask God to give them wisdom, patience, and a sense of deep purpose.

August 15 – A Late Summer Walk

Take a walk and notice what's blooming, what's fading, and what's going to seed. Let the natural world remind you that change is sacred.

August 16 – Make a Gratitude List

Write down five things you're thankful for today—without overthinking. Small or big, they're all grace.

August 17 – Practice Gentleness

Approach your day with softness. Move slowly. Speak kindly. Treat yourself and others with tender care.

August 18 – Reflect on Growth

How have you grown this summer? What new rhythms or insights might you carry into the next season?

August 19 – Bless a Backpack

Bless your own bag, your child's backpack, or someone else's with this prayer: *"God, may this bag carry tools for learning, reminders of your presence, and signs of your peace."*

August 20 – A Prayer for Change

Say: *“God, help me greet change with trust. Let me carry forward what matters and release what no longer fits.”*

August 21 – Savor a Summer Sound

What sounds say “summer” to you—waves, birds, fans, laughter, lawn mowers? Listen deeply. Give thanks.

August 22 – Say Goodbye Well

Name something you’re saying goodbye to—vacation, a slower pace, a place. Honor it. Thank God for it. Let it go.

August 23 – Bless the Threshold

If you or someone you know is on the edge of something new, say: *“God, bless this threshold. Give courage, joy, and rootedness in love.”*

August 24 – Clean with Intention

Tidy or clean a small space. As you do, offer a quiet prayer: *“Prepare me for what’s ahead.”*

August 25 – Gratitude for Play

What has brought you joy or fun this summer? Celebrate it. Play again if you can.

August 26 – Pray for Students

Pray for those beginning or continuing school—at any age. Ask for wisdom, belonging, resilience, and curiosity.

August 27 – Light a Candle

As the days shorten, light a candle and say: *“God, be the light that steadies me in all seasons.”*

August 28 – Notice the Details

Take 10 minutes to observe a single thing—an insect, a leaf, your hands, a photo. Let awe rise.

August 29 – Share a Meal

Eat with someone today. Whether at home or out, savor the connection. Thank God for nourishment and companionship.

August 30 – Give Thanks for the Season

Say a simple prayer: *“God, thank you for this summer—for what it offered, what it taught, and what it became.”*

August 31 – Blessing for What’s Ahead

Pray: *“God of all seasons, walk with me into what’s next. Let me bring gratitude, wonder, and peace with me. Amen.”*

Devotions Link

www.prayfaithfully.org is an on-line devotional reading service maintained by the Northern Great Lakes Synod and written by various pastors and laypersons.

Messiah Birthdays

Aug 20	James Nebel, Jamie Vanlerberghe
Aug 21	Dave Carlson
Aug 22	No birthdays
Aug 23	Karen Eldevick, Laura Petrie
Aug 24	No birthdays
Aug 25	Grayson Beaudoin, Lois LaBrecque
Aug 26	No birthdays
Aug 27	Jaime Davis, Susan Feldhauser
Aug 28	Dave Boehlke
Aug 29	Helen Lord Anderson, Kathy Peters, Bruce Robertson
Aug 30	Mike Coyne
Aug 31	No birthdays
Sept 1	Mary Lou Blomquist, Kate Sromalski
Sept 2	Valerie Beaudoin, Billie Johnson
Sept 3	Cecelia Christopher

In the Hospital

Please inform the church office when you are hospitalized. Pr. Andrew Plocher & Pr. Molly Hunter would like to visit you while you are there. If you are unable to notify Messiah, please ask a family member to do so.

Your Prayer Requests at Messiah

At every Saturday & Sunday worship service, we ask people to fill out a welcome card that is found in the bulletin. The card asks people to put their prayer requests on the back, and these requests are prayed for every Tuesday morning at Messiah's staff meeting. If you wish to have your name or a loved one's name read during worship, please call the office or let the pastors or Jen know. We will need to get permission before we include anyone's name in the worship prayers.

In Our Prayers

Tom Osier; Karen; Jackie Greising; Art Ortlieb; Christine and Jason; Eric and Gretchen; Judy Quirk; Lois LaBrecque; Darlene Dreisbach; Ruth Koehler; Sherrie Wagner; Jan Brown; Betsy; Carrie Oslund; John Collins; Myra; Katie; John Kiltinen; Mary Ruman; Jeremy; Sally Olson; Charlie Blake; Carol Bell; Dorothy; Lynne Robertson; Karen; Rose Collins; Don Hillegas; Grant; Kai Dolan; Samantha; Ted; Bruce Lindberg; Grace Chien; Jamie; Donna; Brian; Ben; Sandy Grenke; Evelyn; Akira Carlson; Karen Eldevick; Grace; Shannon; Billy & Kathy S.; Leesa; Jesse Wright; Marshall Lovan; Peter; Shawn; Mae Desonia; Lisa Douros; Tina; Williamson family; Wayne Hanmer; Judy Donckers; Sierra; Charlene Avery

Pastor on Call:

Pastor Andrew is on call August 20-27

Pastor Molly is on parental leave through August 24

Worship Volunteers

Saturday, August 23 – 5:00 pm in atrium

Assisting Minister: Carol Bell

Communion Assistant: Barb Salmela

Provide Refreshments: Shari Brugman

Sunday, August 24 -- 8:30 am in sanctuary, on 101.9 FM, Vimeo/Facebook

Assisting Minister: Brenda Blett

Reader: Grant Soltwisch

Ushers: Joe and Chris Harkness

Communion Assistants: Beth Krznarich, Marina Shinkarenko, Kathy Maynard, Larry Pagel

Greeters: Al and Gail Edgar

Nursery: Mylee Muscoe

Provide Refreshments: Karen Kimar-Johnson

Sunday, August 24 –10:30 am in sanctuary, on Vimeo/Facebook

Assisting Minister: Marina Shinkarenko

Reader: Jeanne Groos

Ushers: Fred and Jeanne Groos

Communion Assistants: Kerry McGinley, Karen Burkman, Marina Shinkarenko,

Sandy Lindberg
Greeters: Marina Shinkarenko, Nancy Raisanen
Projection Technician: Lesley Williams

Nursery: Mylee Muscoe
Flower Delivery: Sally McQueen

10:30 am Worship Volunteers

We need more volunteers for our 10:30 worship service. Specifically, ushers and communion assistants. If you are interested in either of these roles or if you have questions about them; please visit Jen or Kathy in the office and they will let you know what is involved. Thank you!

Radio Broadcast & Livestream Sponsorship

We are in need of sponsors for weekly/ongoing radio broadcasts & livestream. If this is something you would like to support, please contact the office & share what you would like written for your sponsorship; it can be in honor or in memory of a loved one.

You can reach us by phone at 225-1119 or email at office@messiahlutheranmqt.org. The cost of the Radio Broadcast or Livestream sponsorship is \$110.00 each.

Announcements and Classified Ads

Medication Help Available

If you have questions or concerns regarding your medications, you can contact retired pharmacist, Barb Salmela. Contact the office to get her number. All inquiries are confidential. She can help find discounts for medication, ways to possibly obtain them for free, or suggest less expensive alternatives.

Support Local Lions Club

Support the Marquette Lions Club by renting a 3 x 5 American Flag for your front yard for Labor Day. Flags will be delivered prior to the holiday and picked up after that time. The minimum donation requested is \$35. If interested, please contact Kerry McGinley at 231-250-1092. Make checks payable to Marquette Lions Club. Thank you for your support.

Sister City Scholar to Attend NMU

The Sister City Board will welcome our latest Japanese scholar to NMU for the 25-26 school year. He is 20 years old and will arrive just in time to move into the dorms at NMU. He enjoys travel and outdoor sports and watching American football and baseball. He has two sisters and his dad is a city hall worker and mom a medical office administrator. He is majoring in Marketing. We are seeking a "home base" family who can help him feel at home in Marquette and provide some experiences he would not get in the dorms and house him during times the dorms are closed for breaks. This is a rewarding, educational experience for the local family. Please contact the church office for Mary Lou Blomquist's contact information if you are interested in this experience.

Iconography: Painting as a Spiritual Practice – October 13-18

Iconography is an ancient Christian tradition where painting becomes a form of prayer. More than just creating art, it's a spiritual practice—slow, reflective, and deeply rooted in centuries of sacred storytelling. Through color, shape, and tradition, icons invite us to see with new eyes and connect with the divine in a hands-on, meaningful way.

This 6-day workshop in October, led by a teacher from the Prosopon School, offers a unique chance to step into this sacred art form. It's open to anyone—no art experience needed. The workshop is an investment of both time and resources, but full details (including cost and registration) are available online.

The workshop will be held at St. Louis the King Catholic Church (264 Silver Creek Rd. in Marquette). For more information, contact Mary Jane Lynch 906 360-5279 or maryjanelynch62@yahoo.com.

Financial Help for Cancer Patients

If you or someone you know is going through any financial hardships while going through cancer treatment, please do not hesitate to contact Dave Poirier of Cancer Care of Marquette County (CCMC). 906-362-9226 / poirph@msn.com or Barb Salmela 906-250-1016.

There are no income guidelines. Assistance can be for travel expenses, insurance co-pay, medical bills & medications related to cancer care. This organization is all volunteer based. Money to support is from fundraising, grants and donations. This organization is a 501c3 group so donations are tax deductible. But I cannot emphasize enough....to CALL if you need help.

Lake Superior Life Care & Hospice Events

Grief Support Group - Grief can be overwhelming and navigating it alone can make the pain feel even heavier. A grief support group is a safe, compassionate space where individuals who have experienced loss come together to share, listen, and heal. Guided by trained facilitators, these gatherings offer comfort, understanding, and connection through shared experiences. Whether you've recently lost a loved one or are still coping with grief from the past, attending a support group can help you process your emotions, reduce isolation, and find strength in community. Healing doesn't mean forgetting — it means learning to carry your loss with support beside you. Choose the location that works best for you! Free & open to the public. No affiliation with our hospice is required. Please call 906.225.7760 if you have any questions.

Gwinn

Forsyth Senior Center

165 N. Maple St

August 13th

2:00 - 3:00 pm

Marquette

Lake Superior Life Care & Hospice

914 W. Baraga Ave

August 27th

4:00 pm

Caregiver Support Groups – Are you feeling isolated or burned out as a caregiver? Do you experience frustration or guilt and need a safe place to process? Join us for opportunities to share your feelings, develop friendships, receive emotional support, and to learn about available community resources. There will be occasional guest speakers on relevant topics as well. This group is free and open to the public! The group is Moderated by Jamie Barbieri, RN Community Outreach Coordinator from Lake Superior Life Care and Hospice. Please call 906.225.7760 if you have any questions.

Marquette:

2nd Wednesday of every month

August 13th from 2:00-3:00 pm

Lake Superior Life Care & Hospice

914 W. Baraga Ave

Telephone Based:

3rd Wednesday of every month

August 20th from 2:00-3:00 pm

Call 906.485.5527 to register

Landline or Cell phone required to participate

Powerful Tools for Caregivers – In-Person class starting in August at the Negaunee Senior Center! Now is your chance to register for our in-person class which only occurs once a year! This 6- week workshop is designed to help YOU the caregiver and will help you take care of yourself while caring for a parent, spouse, or friend, at home, in a nursing home, or across the country. This workshop will provide YOU the caregiver tools to reduce stress and help you relax, make tough decisions, reduce guilt, anger, and depression, communicate effectively with family members, your doctor, paid help, take care of yourself, and to set goals and

problem solve. Thursdays, August 21 – September 25, 2025, from 1:00–2:30 pm, 410 Jackson St. Negaunee. Call 2-1-1 to register or register online at www.upcap.org (click on OTHER then EVENTS).

Memory Café: Dementia Friendly Movie matinee: 80 for Brady

Join us for a special Memory Café event designed for individuals living with dementia and their caregivers. Enjoy a free, relaxed screening of 80 for Brady – a lighthearted comedy celebrating friendship and adventure. Free tickets with pre-registration – all ticket fees are generously covered by Lake Superior Life Care & Hospice. Space is limited so please [RSVP to 906.225.7760 or outreach@lakesuperiorhospice.org by August 13th](mailto:RSVP). Come share a joyful dementia-friendly movie experience! On August 27th from 1:00-2:45 pm at the Thomas Theatre 1525 Commerce Drive in Marquette.

Memory Café: Welcome Wednesday at the Trillium House – August 27th from 12:00-1:00 pm

A friendly, supportive gathering for individuals living with memory loss and their care partners. Enjoy lunch, connect with others, and hear from special guests from the Alzheimer's Association. Plus take a tour of Trillium House & learn more about how they support families and caregivers with their short-term respite stays & hospice support in a warm, home-like setting. Please [RSVP by August 20th](mailto:RSVP) by calling 906.264.5026. This event is scheduled for July 23rd from 12:00 - 1:00 pm at the Trillium House located at 1144 Northland Dr. Marquette.

Art After Loss Presents: Creating Grief Journals – August 28th at 4:30 pm. Your Memories and feelings are safe here. Grief journals are a powerful way to process loss, offering space for reflection and healing. Journaling can help us make sense of our emotions and honor the memory of those we've lost. We invite you to create your own grief journals. Please bring a blank journal (a few will be available) and any items you'd like to include poems, photographs, inspirational quotes, etc. Peter White Library lower level. 217 N. Front St, Marquette. Please RSVP to 906.225.7760 or email cvoce@lakesuperiorhospice.org

Do you have an announcement?

Send announcements & ads to Kathy Godec (kathy@messiahlutheranmqt.org). Send concert or performance information, yard sale announcements, party invitations, requests for babysitters, yard maintenance, rooms for rent and items for sale. E-newsletter deadline is 12:00 pm on Tuesdays.

Messiah Contact Information

Messiah Lutheran Church
305 W. Magnetic St.
Marquette, MI 49855

Phone: 906-225-1119
Fax: 906-225-5025
Email: office@messiahlutheranmqt.org
Website: <https://www.messiahlutheranmqt.org/>

Pastoral Staff

Senior Pastor - Andrew Plocher
Associate Pastor - Molly Hunter

Office Staff

Parish Administrator - Jennifer Dodge
Administrative Assistant – Kathy Godec
Parish Accountant - Mike Hill
Financial Secretary – Anne Rydholm

Music Staff

Director of Music – Sara Parks
Bell Choir Director - Judy Quirk
Organist/Pianist - Kathy Strazzinski & Jon Banitt
Pianist – Jacob Schmeltzer & Jocelyn Basse