

Messiah

Evangelical Lutheran Church

Answering God's call to love

Messiah ENewsletter for October 8, 2025

On the web... go to messiahlutheranmqt.org for more information about our congregation and “like” us on Facebook to receive updates and information there.

Messiah Lutheran Church seeks to be a welcoming community for all people. This includes people of every race, ability, sexual orientation and gender identity, ethnic background, economic grouping, religious affiliation, and political persuasion.

We do this simply because God created all people in God's own image and Christ Jesus came so all people might have abundant and eternal life.

We may not always be as welcoming as we should be, but this is our intention—all are welcome!



Upcoming Events - October

- Oct 8 Brookridge Worship at 1:30 pm
- Oct 9 Bible Study at 10:30 am
- Oct 9 Centering Prayer at 1:30 pm
- Oct 10 Senior Men's Bible Study at 9:00 am

Oct 11 Handbell Workshop at 8:00 am
Oct 11/12 Blessing of the kits & quilts for Lutheran World Relief
Oct 12 CROP Walk Registration at 1:30 pm
Oct 12 CROP Walk at 2:00 pm
Oct 12 Hayes Corn Maze Trip for Youth at 2:45 pm
Oct 13 11-Step Centering Prayer at 5:30 pm
Oct 14 Visitation for Lois LaBrecque at 10:00 am
Oct 14 Funeral service for Lois LaBrecque at 11:00 am followed by lunch
Oct 14 Centering Prayer at 11:00 am
Oct 14 Ruth Circle at Brookridge at 1:00 pm
Oct 17 Fun Night at YMCA for Sunday School kids at 5:00 pm
Oct 18 Load boxes onto LWR truck at 10:00 am
Oct 19 Commitment Sunday
Oct 19 Potluck Lunch – bring a dish to pass
Oct 26 Reformation Sunday and Confirming Youth

Worship Volunteers Needed – October 12

We still need a third volunteer to serve as a communion assistant with Marina Shinkarenko and Dave Blomquist at our 8:30 am service this Sunday, October 12. We also need 2 volunteers to serve as ushers at our 10:30 am service this Sunday, October 12. Please let Kathy know if you can help with this. Thanks!

Hayes Corn Maze Trip – October 12

Youth grades 6-12 are invited to a trip to the Hayes Corn Maze in Rock on Sunday, October 12 from 2:45 pm to 5:30 pm (or 1:30 pm at Immanuel to carpool). The suggested donation is \$10.00. Dinner will be provided. Please RSVP by Monday, October 6 to Stacy at 906 361-9123.

Crop Hunger Walk – October 12

The Marquette County Crop Walk will be on Sunday, October 12 with registration starting at 1:30 pm and the walk starting at 2:00 pm. Our host is The Marquette Hope Connection Center at 927 W Fair Ave. 25% of the money raised will be distributed locally to Feeding America (sponsored by Silver Creek Church) and the NMU Food Bank. 75% of the money raised will go to Church World Service for use with grassroots, hunger-fighting development efforts around the world. Join us in our quest to alleviate hunger in our communities! For more

information, contact Crystal Swanson at crystaljswanson@yahoo.com or wesley@mqthope.com.

Sunday School Fun Night at the Y – October 17

On October 17th Messiah's Sunday School Teachers and Pastor Molly will host a fun night at the Y. Join us for play and swimming from 5-7 p.m. Beginning at 5:00 the play gym will be open, and we will serve pizza, veggies and cookies starting at 5:30. Then, from 6-7 p.m. the pool will be open to us. We hope that this is a fun night where your kids will get to play with their Sunday School friends and teachers.

A sign-up sheet will be on the welcome table outside the church office. Please sign up by Sunday, October 12th. If you have any further questions, please ask Mary Beth Carstens or Pr. Molly

Some things to know:

- You are welcome to come and hang out, stay with your child and have dinner. Or, your child can be dropped off and we will watch them as long as they are able to swim without assistance.
 - The Y will provide 2 lifeguards for the swimming time.
 - The play gym will be open and chaperoned for the whole time.
 - All of Messiah's volunteers that work with kids are background checked.
 - If you are dropping your child off, please make sure they are dressed in their swimwear and please return to help them dress for home if they need assistance – we will not be helping your child change.
 - Please have your child bring a towel and a water bottle.
-

LWR InGathering at Messiah – October 18

Messiah will have their Lutheran World Relief (LWR) Truck Loading Day on Saturday, October 18th at 10:00 am. **The truck will be here for one hour only.**

If your Circle/Quilting group has boxes of kits/quilts to send, please record the following information for the office:

1. Number of quilts and/or kits your Circle/Quilting group has made
 2. Number of boxes of quilts, school kits, personal health kits, baby care kits and/or number of boxes of sewing kits. Thank you!
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Commitment Sunday: Together for Good – October 19

As we begin our stewardship season and look ahead to 2026, we claim the promise that when we come together in faith, God works through us for good—good in our church family, good in our community, and good in the world. Over the coming weeks, we'll explore how our gifts of time, talent, and treasure can join together to bless others and strengthen our shared ministry. On Commitment Sunday, October 19th, we will gather as a community to offer our pledges of support for the coming year. This is more than filling out a card—it is an act of faith and gratitude, a way of saying *"Here I am, Lord. Use me, use us—together—for good."*

Every gift matters. Whether large or small, when joined together they sustain worship, care for those in need, nurture our children, and keep our doors open as a place of welcome and hope. What to do:

- Bring your completed pledge card to worship on Commitment Sunday.
- If you prefer, you can also submit your pledge online through [insert link].
- Join us after worship for a time of fellowship and thanksgiving as we celebrate the goodness of God and the generosity of God's people.

Let us each prayerfully consider how we can grow in generosity this year. And let us rejoice that, with God's help, *our church will continue to be a place of love, welcome, and service—Together for Good.*

Potluck Lunch on Commitment Sunday! - October 19

Please join us for a warm lunch after 10:30 am worship on Sunday, October 19th. We want to celebrate this day together! The church will provide chicken pieces and we ask that you/your family brings a dish to pass based on the following list, where it goes by the first letter of your last name:

A-K bring a casserole or side dish

L-T bring a salad or fruit or veggies

U-Z bring a dessert

Thank you all so much!

Reformation Sunday is Coming! - October 26

Reformation Sunday isn't just about looking back—it's about paying attention to how God is still reshaping us today.

In a world where religion is so often used to exclude, divide, or shame—especially those on the margins—Reformation reminds us who we are and whose we are. It re-centers us on God's radical love, on grace over fear, and on community over division.

It calls us to be part of the ongoing work of renewal, justice, and healing in the world.

We'll celebrate with festive worship, bold music, and of course—*lots of red!* Red is the color of the Holy Spirit, of fire and movement & new life. So wear your red—shirts, scarves, shoes, whatever you've got—and come ready to sing, pray, and be re-formed.

And we're extra excited to welcome a brass quintet to help lead us in worship! Their music will bring even more joy and energy to the day.

Reformation isn't just history. It's happening now. Come be part of it.

Community Meal Cook Team

We are in need of one more cook team to make our community meal program a success. Have you ever considered doing this? Do you have questions regarding our community meals? If so, please do not hesitate to inquire in the office. You can cook with a friend or two or you and your spouse/partner could cook... the options are endless. Messiah pays for the meal. Please consider participating in this ministry!

Quilting Needs

The Quilters are again in need of sheets for our quilts. The sheets need to be clean (no stains), colored (not white), cotton or cotton blend (no microfiber). It is ok if elastic bands on fitted sheets are stretched or cut. The cost of sheets at the thrift stores has really gone up. We would appreciate any donations. Thank you!

Bowls for a Cause

Turned Wooden Bowls are available for a donation to the community assistance fund. They are located next to the homemade jams in the narthex. All bowls are homemade and are finished with a food safe finish. If you have questions about the bowls, they can be directed to Paul Carstens at pcarsten@alumni.nmu.edu.

Senior Men's Ministry

Messiah's Senior Men's Bible Study has been meeting every Friday morning at 9:00 am in room #202. Please join them on Friday morning.

Knotty Knitters

The Knotty Knitters will continue to meet at Messiah on the 2nd & 4th Tuesday of each month. The knitters typically meet in Magnuson Hall but occasionally meet in the atrium. They do join one another for lunch at Vangos prior to coming to Messiah. Please contact Shelly Johnson for more information.

Brookridge Worship

Our worship service at Brookridge is held on the 2nd & 4th Wednesday at 1:30 pm. Several of our members live there & attend our service regularly. Our service includes hymns, confession, absolution, thanksgiving, psalms, scripture, a homily, Apostles' Creed and Holy Communion. It is a real worship service.

Worshipping with this congregation is a blessing. The singing is robust, the prayers are from the heart, communion and forgiveness is truly felt and the fellowship is sincere.

Fortune Lake News

Made in God's Image: Anti-Racism Retreat - Friday, October 17 – Sunday, October 19

Our theme: "Made in God's Image," encourages us to walk with our siblings of color in the fight against racism, regardless of our own identities and prior knowledge. The retreat will feature a schedule of Bible studies, presentations, time for processing, opportunities for worship, and a community-centric approach to learning about how to better support our neighbors. There will also be time to enjoy the beauty of Fortune Lake.

For more information or to register, please go to www.fortunelake.org.

What is Centering Prayer?

Centering prayer is a form of silent prayer that emphasizes resting in God's presence through silence and a sacred word. It involves finding a quiet space, sitting comfortably, and focusing on a chosen word to help maintain stillness and let go of thoughts. The goal is to cultivate a deeper relationship with God through stillness and receptivity. Several members of Messiah lead groups that practice this form of prayer throughout the week as a piece of their faith life. -

- Pr. Molly Hunter

Centering Prayer

But when you pray, go to your room, shut the door, and pray to God who is in that secret place, and your Abba God-who sees all that is done in secret, will reward you...Your God knows what you need before you ask it. Matthew 6:6, 7 The Inclusive Bible
The Spirit of God has made a home in you. Romans 8:9
Be silent and know that I am God! Psalm 46:10

“There are all kinds of ways in which God speaks to us-through our thoughts or any one of our faculties. But keep in mind that God’s first language is silence. Prepare yourself for silence in this prayer, and if other things happen, that is His problem, not yours. As soon as you make it your problem, you tend to desire something that is other than God. Pure faith will bring you closer to God than anything else. To be attached to an experience of God is not God, it is a thought. The time of centering prayer is the time to let go of all thoughts, even the best of thoughts. If they are really good, they will come back later.

Don’t judge centering prayer on the basis of how many thoughts come or how much peace you enjoy. The only way to judge this prayer is by its long-range fruits: whether in daily life you enjoy greater peace, humility and charity. Having come to deep interior silence, you begin to relate to others beyond the superficial aspects of social status, race, nationality, religion and personal characteristics.” Thomas Keating

We meet every Tuesday for 20 minutes of centering prayer practice followed by Lectio Divina. All are welcome and you do not need to have been practicing centering prayer as the instructions are simple and we go over them for newcomers. You also do not need to commit to attendance every week. Come when you can. Tuesdays from 11-noon.

- - - Nancy Hamlin

OWLs (Older, Wiser Lutherans)

The OWLs meet on Monday morning at 10:00 am at the lower harbor/Mattson Park. If the weather is rainy, they walk at the Dome. Afterwards they go to Provisions for coffee. They walk at different rates and welcome everyone to join them. If you’re not interested in walking, join us for coffee. If you have any questions, please contact Betsy Little or the church office.

The New Free Store Donations

The New Free Store is an inter-faith, non-profit group supporting people who express a need for free clothing, linens, hygiene & cleaning supplies. Anyone in need is welcome. Free things are offered as “in God’s economy three is always enough.” There is a collection bin in our narthex at Messiah for The New Free Store. They are currently collecting:

***October** – Hand Sanitizer & Toilet Paper (packs of 4 or 6 rolls)

***November** – Toothbrushes, Toothpaste, Dental Floss & Denture Cleaner

Messiah's Bell Choir

Messiah's Bell Choir will resume in October on Monday, October 6th. There are spaces and bells for 14 to 16 people or more. New ringers and/or experienced ringers are welcome. Come and see. Come and learn. Come and ring.

- - - Judy Quirk

Hildegarde-Johnson Music Scholarship Recipients

We are delighted to announce the recipients of this year's Hildegarde Johnson Music Scholarship. Hildegarde was a longtime member of Messiah, a gifted choir director, and a woman whose passion for music and education shaped generations. In her honor, this scholarship supports children and youth in our congregation as they explore music through lessons, camps, instruments, and other opportunities.

This year's recipients are:

- Aegis MacIvor-Anderson
- Simeon MacIvor-Anderson
- Levin MacIvor-Anderson
- Sophie Sander
- Camden Fitzpatrick
- Sarah Bleckiner

We celebrate these young musicians and look forward with joy to hearing their gifts shared in worship in the months ahead. Through their learning and music-making, Hildegarde's legacy of faith, song, and love for community lives on.

Fall Finance Update

As summer turns to fall, we give thanks for the steady generosity of Messiah's community. Your giving continues to sustain the ministry we share—keeping worship vibrant, supporting staff and programs, and allowing us to be a place of welcome and hope. (At the end of August, giving remains strong & expenses are running lower than expected [partially due to seasonal costs], putting us in a healthier position than last year.)

Beyond the church's budget, your generosity shines through the Community Assistance fund. Already this year, nearly \$40,000 has been shared with neighbors in need—supporting hundreds of individuals and families with rent, utilities, and gas during difficult times. (At this

time last year, that number was \$28,000). This is a powerful witness of God's love at work through you.

We are deeply grateful for all the ways you give—through offerings, through service, and through prayer. As we step into the months ahead, may we continue to embody generosity together, trusting that God provides more than enough for the work we are called to do. —

Messiah's Finance Committee

Devotions Link

www.prayfaithfully.org is an on-line devotional reading service maintained by the Northern Great Lakes Synod and written by various pastors and laypersons.

Messiah Birthdays

Oct 8	David Echelbarger, Jackie Greising, Milt Soderberg
Oct 9	Carol Cappuccio, Carol Ontto, Craig Teed
Oct 10	No birthdays
Oct 11	Tanya Jennings
Oct 12	No birthdays
Oct 13	Tom Moyle, Brianna Weir
Oct 14	No birthdays
Oct 15	No birthdays
Oct 16	Madelyn Luty
Oct 17	Cathy Winkler
Oct 18	No birthdays
Oct 19	Jaime Aho, Philip Andersen
Oct 20	Maija Maki-Warne, Diana Peterson
Oct 21	Deb Abraham, Cecelia Fuller, Cindy Kotila, Todd Leigh, Joe MacPhee, Barb Maszlewski, Cheryl Mayer, Joan Myefski, Ron Tervo
Oct 22	Sandy MacPhee

In the Hospital

Please inform the church office when you are hospitalized. Pr. Andrew Plocher & Pr. Molly Hunter would like to visit you while you are there. If you are unable to notify Messiah, please ask a family member to do so.

Your Prayer Requests at Messiah

At every Saturday & Sunday worship service, we ask people to fill out a welcome card that is found in the bulletin. The card asks people to put their prayer requests on the back, and these requests are prayed for every Tuesday morning at Messiah's staff meeting. If you wish to have your name or a loved one's name read during worship, please call the office or let the pastors or Jen know. We will need to get permission before we include anyone's name in the worship prayers.

In Our Prayers

Please remember the following people in your prayers at this time: Family of Lois LaBrecque upon her passing; Herb Grenke and family upon the passing of his wife, Sandy; Former and current CDC employees; Sam Elder; Jan Vickstrom; Doug Morton; Tom Osier; Jackie Greising; Art Ortlieb; Christine and Jason; Judy Quirk; Lois LaBrecque; Darlene Dreisbach; Ruth Koehler; Sherrie Wagner; Jan Brown; Betsy; Carrie Oslund; John Collins; Myra; Katie; John Kiltinen; Mary Ruman; Jeremy; Sally Olson; Charlie Blake; Carol Bell; Dorothy; Lynne Robertson; Karen; Rose Collins; Don Hillegas; Grant; Kai Dolan; Samantha; Ted; Bruce Lindberg; Grace Chien; Jamie; Donna; Brian; Ben; Evelyn; Akira Carlson; Karen Eldevick; Grace; Shannon; Marshall Lovan; Peter; Shawn; Mae Desonia; Lisa Douros; Tina; Wayne Hanmer; Judy Donckers; Sierra; Charlene Avery

Pastor on Call:

Pastor Andrew is on call October 8, 12-15

Pastor Molly is on call October 9-11

Worship Volunteers

Saturday, October 11 – 5:00 pm in atrium

Assisting Minister: Chris Kotila

Communion Assistant: Karen Kimar-Johnson

Provide Refreshments: Karen Kimar-Johnson

Sunday, October 12 -- 8:30 am in sanctuary, on 101.9 FM, Vimeo/Facebook

Assisting Minister: Chris Harkness
Reader: Fred Maynard
Ushers: Sten Taube, Cathy Seblonka
Communion Assistants: Marina Shinkarenko, Dave Blomquist, need 1 more volunteer.
Greeters: Chris Harkness, Marina Shinkarenko

Nursery Jamie Dodge
Provide Refreshments: Linda Berry

Sunday, October 12 –10:30 am in sanctuary, on Vimeo/Facebook

Assisting Minister: Mike Hill
Reader: Jeanne Groos
Ushers: Need 2 volunteers.
Communion Assistants: Gayle Mack, Addy Davis, Marina Shinkarenko
Greeters: Marina Shinkarenko, Ellen Symons
Projection Technician: Lesley Williams

Nursery Jamie Dodge
Flower Delivery: Shari Brugman

10:30 am Worship Volunteers

We need more volunteers for our 10:30 worship service. Specifically, ushers and communion assistants. If you are interested in either of these roles or if you have questions about them; please visit Jen or Kathy in the office and they will let you know what is involved. Thank you!

Radio Broadcast & Livestream Sponsorship

We need sponsors for weekly/ongoing radio broadcasts & livestream. If this is something you would like to support, please contact the office & share what you would like written for your sponsorship; it can be in honor or in memory of a loved one.

You can reach us by phone at 225-1119 or email at office@messiahlutheranmqt.org. The cost of the Radio Broadcast or Livestream sponsorship is \$110.00 each.

Announcements and Classified Ads

Beethoven & Banjos Festival 2025 Celebrates Icelandic Roots in the Northwoods – October 10-12

The Beethoven & Banjos Festival, the annual cross-genre celebration of classical and folk traditions, returns this October with a program inspired by the sounds and landscapes of Iceland. Now in its 11th season, the festival continues its mission of weaving together music, place, and community in uniquely Northwoods ways.

This year's ensemble brings together an extraordinary lineup of international and regional talent. **Sæunn Thorsteinsdóttir** is an internationally acclaimed Icelandic cellist praised for her *"emotional intensity."* Thorsteinsdóttir has performed at Carnegie Hall, Elbphilharmonie, Disney Hall, and beyond. **Halldór Smárason** is an Icelandic composer and Manhattan School of Music graduate, whose debut album *STARA* and collaborations with the Iceland Symphony and Ensemble intercontemporain have earned international recognition. **Evan Premo** is Artistic Director of Northwoods Music Collaborative and member of Carnegie Hall's Ensemble Connect. **Laurel Premo** is known for her roots-infused, Nordic-tinged sound that drives the festival's deep and distinctive musical experience.

Together, the ensemble will present a program blending traditional Icelandic melodies with improvisational explorations of "sense of place"—reflecting both the rugged beauty of Iceland and the Northwoods.

Festival Dates & Venues:

Friday, October 10 — 7:30 p.m. | Reynolds Recital Hall, Northern Michigan University, Marquette, MI

Saturday, October 11 — 7:00 p.m. | Nicolet College Theatre, Rhinelander, WI (*Lakeside Lounge opens at 5:00 p.m.*)

Sunday, October 12 — 2:00 p.m. | Crystal Theatre, Crystal Falls, MI (*Come as you are. Pay what you can.*)

For full details, venue addresses, and ticket links, visit: www.northwoodsmusiccollaborative.org

Since its founding, Beethoven & Banjos has been about more than concerts. It is about building connections—between world-class artists and Northwoods communities, between tradition and innovation, and between music and the landscapes we call home. The festival thrives thanks to the generosity of friends and supporters who share this vision.

Manna: Spiritual Nourishment for the Journey – October 12, November 9 and December 14

The First Presbyterian Church (120 N Front St. Marquette) invites everyone to worship and a community meal on October 12, November 9 and December 14. Join them at 4:30 pm for a modern worship service (including music by Porter's Gate, The Many, Sandra McCracken & others). A community meal will follow the worship service. The meal will be served at 5:30 pm and is free for all seeking food and friendship.

Iconography: Painting as a Spiritual Practice – October 13-18

Iconography is an ancient Christian tradition where painting becomes a form of prayer. More than just creating art, it's a spiritual practice—slow, reflective, and deeply rooted in centuries of sacred storytelling. Through color, shape, and tradition, icons invite us to see with new eyes and connect with the divine in a hands-on, meaningful way.

This 6-day workshop in October, led by a teacher from the Prosopon School, offers a unique chance to step into this sacred art form. It's open to anyone—no art experience needed. The workshop is an investment of both time and resources, but full details (including cost and registration) are available online.

The workshop will be held at St. Louis the King Catholic Church (264 Silver Creek Rd. in Marquette). For more information, contact Mary Jane Lynch 906 360-5279 or maryjanelynch62@yahoo.com.

Fall Craft Bazaar and Luncheon – October 25

The First Presbyterian Church (120 N Front St) is holding a fall craft bazaar and luncheon on Saturday, October 25 from 9:00 am to 2:00 pm. The bazaar will feature local crafters, church craft items, and baked goods. Lunch served from 11:00 am to 1:00 pm, is by donation and is open to the public. If you are interested in being a vendor, contact us at fpcmqtbazaar@gmail.com or 906 249-9111

Music Workshop for Adult Strings Players – November 8

For many people, their best memories of high school include the time they spent in their school's music program. After graduation, the demands of college and jobs make it hard to find the time or the opportunity to keep playing. But it's never too late to return to music!

All former adult string players (violinists, violists, cellists, bassists) are invited to a strings refresher course on Saturday November 8. The course will be held from 10 am to 4 pm at St Paul's Episcopal, 201 E. Ridge St, Marquette. Teachers for the day will be Inga Banitt, Wendy Larson and Janis Peterson. Cost is \$25 (cash only) and participants will need to bring a playable instrument. **In-person registration will be held at St. Paul's Episcopal on Sunday October 5 from 1:30 to 3:30 pm; and registrants will also be able to have their instruments evaluated at that time.**

Following the one-day course, participants will have the opportunity to continue playing and learning together. The emphasis of the program is to have fun and experience the camaraderie found in making music. For more information, email MqtCountySOS@gmail.com.

Sister Cities Delegation Visit – November 7-13

The Sister Cities Partnership will host a delegation of 8 visitors from Kajaani, Finland. The guests will arrive on November 7 and depart on November 13. Sleeping hosts are being sought for 3 members, and other volunteers are needed to accompany and be with the visitors during the day. Please contact the church office if you are interested in spending time with these guests.

Grandparent-Aged Allies for LGBTQ+ Community: Book and Conversation Club for 2025-2026

What is the Idea? A small group of grandparent-aged individuals gather eight times between October 2025 and May 2026 to explore the terrain of being an ally to the LGBTQ+ community in the Upper Peninsula.

What is Expected? To read two books which contain LGBTQ+ themes and using the books as a catalyst for conversation, to talk openly about the LGBTQ+ experience.

How often, where, and when will the meetings be? Gathering will be on the third Tuesday of the month at St. John's Episcopal Church in Negaunee from 11:30 am to 1:00 pm. January's gathering and May's gathering will be at a different time and place and will involve a larger group of folks reading the same book. Details concerning these meetings are yet to be determined.

What is an Ally? An ally is someone who walks beside and stands up for another person. Allies continue to be curious and naturally seek out ways to be and stay informed. Allies are motivated by compassion. ALLYSHIP is something that can be learned.

What else do I need to know?

1. It only takes one caring and accepting adult to decrease an LGBTQ+ youth's risk for suicide by 70%. It is possible to learn how to be that caring adult.
 2. This Grandparent-Aged Ally group is part of the new iteration of last year's LGBTQ+ book conversation group. It is being spearheaded by Equality Michigan. Our partnership this year includes ELCA Lutheran Churches in Ishpeming St. John's Episcopal Church in Negaunee, and Equality Michigan.
 3. There will be delicious soup for lunch at each of these meetings.
 4. Our first meeting on October 21st will be a meet and greet: no reading will be necessary in advance of that meeting.
 5. Who do I contact to say that I am interested or for more information? You can contact Marna Franson: marna@upepiscopal.org or 906 458-6395.
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Request for Clothing Donations

Your gently used children's and teen clothing can bring warmth and comfort to another family. Every coat, sweater, and pair of shoes helps kids feel cared for while strengthening our community. Donations can be dropped off at Lake Superior Village Main Office (1901 Longyear Ave, Marquette). All donations will be used for our Fall Festival on October 23.

Board Members Needed

Lake Superior Village Youth and Family Center is seeking dedicated new board members who want to help shape the future of our community. If you're passionate about supporting youth, strengthening families, and bringing meaningful programs to life, we would love to have you join us. If you are interested in making a difference, please contact us at JBeard@mqthc.org or 906 225-1900 ext. 5.

Lake Superior Village Youth and Family Center

Do you struggle with before and after school care? Does your job have an unreliable schedule? Do you only need help a few days a week? Do you need an emergency back up plan for the unexpected? We have a free program to help. Visit us at 1901 Longyear Ave. in

Marquette or call us at 906 225-1900 ext 5 (cell/text 906 458-7550) or email us at jbeard@mqthc.org.

Medication Help Available

If you have questions or concerns regarding your medications, you can contact retired pharmacist, Barb Salmela. Contact the office to get her number. All inquiries are confidential. She can help find discounts for medication, ways to possibly obtain them for free, or suggest less expensive alternatives.

Financial Help for Cancer Patients

If you or someone you know is going through any financial hardships while going through cancer treatment, please do not hesitate to contact Dave Poirier of Cancer Care of Marquette County (CCMC). 906-362-9226 / poirph@msn.com or Barb Salmela.

There are no income guidelines. Assistance can be for travel expenses, insurance co-pay, medical bills & medications related to cancer care. This organization is all volunteer based. Money to support is from fundraising, grants and donations. This organization is a 501c3 group so donations are tax deductible. But I cannot emphasize enough....to CALL if you need help.

Lake Superior Life Care & Hospice

Grief Support Group - Grief can be overwhelming and navigating it alone can make the pain feel even heavier. A grief support group is a safe, compassionate space where individuals who have experienced loss come together to share, listen, and heal. Guided by trained facilitators, these gatherings offer comfort, understanding, and connection through shared experiences. Whether you've recently lost a loved one or are still coping with grief from the past, attending a support group can help you process your emotions, reduce isolation, and find strength in community. Healing doesn't mean forgetting — it means learning to carry your loss with support beside you. Choose the location that works best for you! Free & open to the public. No affiliation to our hospice is required. Please call 906.225.7760 if you have any questions.

Gwinn	Marquette
Forsyth Senior Center	Lake Superior Life Care & Hospice
165 N Maple St in	914 W. Baraga Ave
October 8th	October 22nd
2:00 - 3:00 pm	4:00 pm

Caregiver Support Groups – Are you feeling isolated or burned out as a caregiver? Do you experience *frustration or guilt* and need a safe place to process? Join us for opportunities to *share your feelings*, develop friendships, receive emotional support, and to learn about available community resources. There will be occasional guest speakers for relevant topics as well. This group is free and open to the public! The group is Moderated by Jamie Barbieri, RN Community Outreach Coordinator from Lake Superior Life Care and Hospice. Please call 906.225.7760 if you have any questions.

Marquette:	Telephone Based:
2nd Wednesday of every month	3rd Wednesday of every month
Oct. 8th 2:00-3:00 pm	Oct. 15th 2:00-3:00 pm
Lake Superior Life Care & Hospice	Call 906.485.5527 to register
914 W. Baraga Ave	Landline or Cell phone required

Memory Café : The Power of Play - Board Games

Join us for a welcoming, stigma-free social gathering for individuals with memory loss and their care partners. Learn why playing games is beneficial for memory, cognition, and social engagement. Enjoy guided play, try out new games—or bring your favorite to share! This relaxed, supportive environment is a wonderful way to connect and enjoy time together. Hosted by Speech-Language Pathologist Christine Harkness. No cost to attend. Registration encouraged at 906.225.7760 or at Outreach@LakeSuperiorHospice.org
Peter White Public Library Shiras Room on October 14th from 1:00 – 2:30 pm

Memory Café at the Marquette Regional History Museum

Join us for a Memory Café—welcoming, stigma-free social gatherings for individuals with memory loss and their care partners. This month, enjoy a welcoming space to connect, reminisce, and explore together at the Marquette Regional History Museum with guided tours of immersive exhibits showcasing the Upper Peninsula's past. Registration encouraged 906.225.7760 or by email at Outreach@lakesuperiorhospice.org
-Date/Time: October 22nd, drop in any time between 1:00 & 3:30 pm
-Location: Marquette Regional History Museum
-Admission: \$5 for the caregiver, free for the care receiver
Come connect, share, and enjoy a meaningful afternoon in a supportive setting!

Do you have an announcement?

Send announcements & ads to Kathy Godec (kathy@messiahlutheranmqt.org). Send concert or performance information, yard sale announcements, party invitations, requests for

babysitters, yard maintenance, rooms for rent and items for sale. E-newsletter deadline is 12:00 pm on Tuesdays.

Messiah Contact Information

Messiah Lutheran Church
305 W. Magnetic St.
Marquette, MI 49855

Phone: 906-225-1119
Fax: 906-225-5025
Email: office@messiahlutheranmqt.org
Website: <https://www.messiahlutheranmqt.org/>

Pastoral Staff

Senior Pastor - Andrew Plocher
Associate Pastor - Molly Hunter

Office Staff

Parish Administrator - Jennifer Dodge
Administrative Assistant – Kathy Godec
Parish Accountant - Mike Hill
Financial Secretary – Anne Rydholm

Music Staff

Director of Music – Sara Parks
Bell Choir Director - Judy Quirk
Organist/Pianist - Kathy Strazzinski & Jon Banitt
Pianist – Jacob Schmeltzer & Jocelyn Basse