

Messiah

Evangelical Lutheran Church

Answering God's call to love

Messiah ENewsletter for February 25, 2026

On the web... go to messiahlutheranmqt.org for more information about our congregation and "like" us on Facebook to receive updates and information there.

Messiah Lutheran Church seeks to be a welcoming community for all people. This includes people of every race, ability, sexual orientation and gender identity, ethnic background, economic grouping, religious affiliation, and political persuasion.

We do this simply because God created all people in God's own image and Christ Jesus came so all people might have abundant and eternal life.

We may not always be as welcoming as we should be, but this is our intention—all are welcome!



Brookridge Worship Today!

Please join us for worship at Brookridge Heights today at 1:30 pm. All are welcome!

Community Meal – Help Needed

We need 3 more volunteers to help with cleaning up after the community meal next Wednesday, March 4. Please add your name to the sign-up sheet on the welcome table or let the church office staff know if you can help. Thanks. Kathy

Upcoming Events – February/March

Feb 25 Brookridge Worship at 1:30 pm
Feb 26 Bible Study at 10:30 am
Feb 27 Senior Men's Bible Study at 9:00 am
Mar 3 Centering Prayer at 11:00 am
Mar 4 Community Meal at 6:00 pm
Mar 4 Lenten Evening Worship – Mountain Vespers at 6:30 pm
Mar 5 Bible Study at 10:30 am
Mar 5 Building and Grounds at 5:00 pm
Mar 6 Senior Men's Bible Study at 9:00 am
Mar 9 11-Step Centering Prayer at 5:30 pm
Mar 10 Centering Prayer at 11:00 am
Mar 10 Ruth Circle at Brookridge at 1:00 pm

Community Meal - March 4

Our next community meal will be on Wednesday, March 4th at 6:00 pm in Magnuson Hall. The meal will be meatloaf, mashed potatoes, green beans & dessert. A vegetarian option will be available. Please join us for a warm meal on Wednesday, 3/4 at 6:00 pm. We look forward to it!

Lent Evening Worship: Simple, Beautiful Prayer in Community – March 4 & 18

Lent invites us to slow down, to breathe a little deeper, and to turn our hearts again toward God's steady love. This year at Messiah, we'll gather on Wednesday evenings at 6:30 pm for two beautiful and simple settings of evening prayer that create space for reflection, song, and quiet hope.

On Wednesday, March 4, we will worship using Mountain Vespers. Rooted in contemplative prayer and gentle music, Mountain Vespers offers a peaceful rhythm for the middle of the week. The service is simple and grounding—an opportunity to rest in God's presence and reconnect with what matters most.

That evening, you're also invited to come early for our community meal at 6:00 pm. Share a table, enjoy good conversation, and then stay for worship at 6:30 pm. Lent is not meant to be a solitary journey—we walk it together, nourished by food, fellowship, and prayer.

Then on Wednesday, March 18, we'll gather again at 6:30 pm for Holden Evening Prayer. Many in our congregation hold this beloved service close to heart. Its lyrical setting, memorable melodies, and spacious liturgy gently draw us into reflection. Holden's beauty lies in its simplicity—it allows the Word, the music, and the community's voice to carry us into a deeper awareness of God's presence among us.

Both evenings offer different expressions of the same invitation: come as you are. Come weary or hopeful, questioning or confident. Come to sing, to listen, to pray, and to be reminded that even in the wilderness season of Lent, God's light continues to shine.

We hope you'll join us for these meaningful Lenten gatherings—and consider inviting a friend. There is room at the table, and there is room in prayer, for all.

Pie Day – TT – March 13

Friday, March 13, 12:30 pm, Magnuson Hall

Once again it is time to celebrate math in a delightful way. Join the OWLS to share pies of all varieties. Will we surpass the 13 kinds of pies that appeared last year? Will a mincemeat pie make the menu? Sweet or savory, all pies are welcome to meet their fate at the end of our forks.

Anyone can join the Owls for the feast. Bring a pie to share if you can. Please join us on Friday, March 13 at 12:30 pm! - - - Judy Quirk

Confirmation Update: Gathering - March 21

Our next Confirmation gathering will be held on Saturday, March 21, from 9:00 am to 12:00 pm at Messiah. We're looking forward to a great morning together!

Thanks for staying engaged and growing in faith. See you in worship—and on the 21st!

Bible Study – Thursdays at 10:30 am

DID YOU KNOW there's a book in the Bible which never mentions God? It is, however, the inspiration for an annual feast which includes fruit-filled cookies. Come join us on Thursday morning at 10:30 and read the book of Esther!

Bell Choir - Members Needed

The bell choir needs some additional players. The Easter season is approaching and the bell choir has a need for players. We can never replace Pastor Molly but we need players to fill her spot. I say players because she filled one slot but often picked up other bells that were not covered but needed. Join us for rehearsal on Monday evenings from 5:45-6:45 pm. When we play we gather Sunday morning at 7:30 am so the senior choir can rehearse at their usual time. We usually play at both Sunday services.

Baby Care Kit Collection

Messiah's Rachel Circle will be collecting items in February for the Baby Care Kits that we assemble for Lutheran World Relief. The kits contain the following items in 12-24 month sizes:

- * PJs - long or short sleeves, without feet
- * Hoodies, jacket or sweatshirt with hood or include a baby cap
- * Pairs of socks

The above items are those most needed; we are also accepting:

- * Lightweight cotton t-shirts (no onesies)
- * Hand towels, dark colors
- * Ivory soap, bath size (8-9 oz), in original wrapping
- * Receiving blankets (could be crocheted or knitted with lightweight yarn (up to 52" square)
- * Diaper pins or large safety pins

Monetary donations are welcomed as well & may be dropped off or mailed to the church office. Rachel Circle would like to thank you in advance for your help and your contributions. The collection bin is in the narthex.

Lenten Series: Tell Me Something Good

This Lent, we are journeying together with the devotional Tell Me Something Good by A Sanctified Art. Rooted in the good news of Jesus' life and ministry, this series invites us to ground ourselves in what is true, beautiful, and life-giving—even in a world that can feel heavy.

Each week explores themes at the heart of our faith: radical welcome, love of neighbor, justice, mercy, nonviolence, and resurrection hope. Through art, poetry, scripture, and reflection, the devotional reminds us that the good news is still alive in the world—growing like

mustard seeds, overflowing like water turned to wine, and expanding like a table with more than enough room.

We invite you not only to read the devotional, but to share the journey. This Lent, consider signing up to gather in a small group (around four people) or one-on-one to discuss the weekly reflections, share stories, and build deeper community. Sometimes the good news becomes even clearer when we hear it in one another's voices.

You can add your name to the sign-up sheet on the welcome table. Whether you've been part of Messiah for years or are just finding your way here, there is space for you at the table—and in this conversation.

Let's look for the good together.

UP Wild March Events

[Friday, March 6th from 6:00 - 8:00pm: Crafting in Community](#)

St Paul's Church @ 201 E Ridge. St.

[Thursday, March 19 12:00 -1:00 pm: Coffee in Community](#)

We will see how meeting around the gas stoves in Caribou Coffee goes for our monthly coffee time. Econo Foods, 1401 Odovero Dr.

[Sunday, March 29 3:30pm: Wild Church Pine Sunday Service](#)

Outdoor Bonfire area TBA. Check website www.upwild.org

Keep the Leprechauns Happy—Give Them JAM!

Generally speaking, we love leprechauns because they leave us gold at the end of the rainbow. But they can actually be pretty mischievous! Keep the leprechauns happy & buy them JAM! The small jars are only \$3—a perfect sample size for the littler leprechauns. And the large jars (\$6) are perfect for the taller leprechauns! There is a convenient QR code located near the jam section for payment. Or simply use one of the available envelopes to pay. Questions? Contact Rebecca Ulland (rjulland@yahoo.com).

The Way of the Dream, God's Forgotten Language

A Lenten Opportunity - A series of three workshops on the role of dreams in Scripture and the appropriation of listening to one's own dreams as part of personal spiritual practice.

Led by Jon Magnuson, Barb Ojibway, Will Sharp, and Ken Kelley. Saturdays, February 28, March 21 and March 29 from 11:00 am - 2:00 pm at St. Paul's Episcopal's Morgan Chapel, 201 E Ridge St. Participants are invited to consider making a donation of \$25 per workshop to cover meal and resource materials. To Register call: 906-228-5494 or email:

jonwmagnuson@gmail.com

Sponsored by The Cedar Tree Institute in partnership with the NGLS Lutheran Synod of the ELCA and the Episcopal Diocese of Northern Michigan

Bowls for a Cause

Turned Wooden Bowls are available for a donation to the community assistance fund. They are located next to the homemade jams in the narthex. All bowls are homemade and are finished with a food safe finish. If you have questions about the bowls, they can be directed to Paul Carstens at pcarsten@alumni.nmu.edu.

Senior Men's Ministry

Messiah's Senior Men's Ministry is meeting every Friday at 9:00 am in room #202. We meet for about an hour. Please join us on Fridays!

Knotty Knitters

The Knotty Knitters will continue to meet at Messiah on the 2nd & 4th Tuesday of each month. The knitters typically meet in Magnuson Hall but occasionally meet in the atrium. They do join one another for lunch at Vangos prior to coming to Messiah. Please contact Jane Phillips for more information.

Wanted - Nursery Staff

Messiah is in need of another staff person or two for our nursery. This is a paid position. Any person interested needs to be 18 years of age or older. Please inquire in the office if this is something you might be interested in. Thank you!

A Daily Guide for February 2026

February 25 – Attend to Justice

Lent is personal and communal.

Notice one place where your life connects to others' suffering—and pray for wisdom to respond.

February 26 – Gentle Discipline

Choose one small act of faithfulness today.

Consistency matters more than intensity.

February 27 – Carry One Another

Check in on someone who might be struggling.

Say: *“You don’t have to carry this alone.”*

February 28 – End with Hope

Look back over the month. Despite the weight, where did you glimpse hope?

Thank God for that light—and trust it will grow.

Pray: *God of hope, thank you for every small sign of light this month. Help me trust that you are still at work, even now. Amen.*

A Daily Guide for March 2026

March 1 – Second Sunday in Lent

Read Luke 7:36–50. A woman brings what she has. Jesus protects her dignity.

Today, show love in a way that fits your capacity: Draw a picture for someone. Make a phone call. Pray for someone by name. Say, “I’m sorry.” Give a small gift.

Prayer: *God of mercy, help me love with what I have. Amen.*

March 2 – Say Thank You

Write, text, or say thank you to one person. If writing is hard, simply speak it aloud in prayer.

March 3 – Practice Receiving

When someone helps you today, don’t wave it away. Smile and say, “That means a lot.”

March 4 – Share Something Small

Share a cookie, a story, a memory, or a joke. Goodness grows when shared.

Prayer: *Generous God, open my hands. Amen.*

March 5 – Stay Present

Sit with someone for five full minutes — in person or on the phone — without multitasking. If you’re alone, sit quietly with God.

March 6 – Feed Someone

Bring soup to a neighbor. Donate canned goods. If mobility is limited, pray for those who prepare meals for others.

March 7 – Rest Without Guilt

Take a nap. Read a chapter. Sit in sunlight by a window. Lent is about honesty, not exhaustion.

March 8 – Third Sunday in Lent

Read Mark 6:32–44. The disciples think it isn't enough. Jesus says, "Bring it." Make a list of what you do have: Time, Prayer, Encouragement, Creativity, Experience, Energy (even a little). Choose one to offer this week.

Prayer: *God of abundance, use even my small offering. Amen.*

March 9 – Ask for Help

Call someone and say, "Can you help me with this?" Or offer help to someone else.

March 10 – Donate Something Useful

Clean out one drawer and give away something in good condition.

March 11 – Encourage the Young

Tell a child or young person something you admire about them.

March 12 – Learn a Name

If you encounter someone regularly — nurse, cashier, custodian — learn or use their name.

March 13 – Eat Simply Together

If possible, share a simple meal. If alone, pray for others eating at the same time.

Prayer: *God, thank you for daily bread and daily people. Amen.*

March 14 – Share a Story

Tell someone a story from your life that shaped you. Passing on wisdom is holy work.

March 15 – Fourth Sunday in Lent

Read Matthew 19:13–15. Jesus moves toward children others dismiss. Today, move toward someone easily overlooked: A shy person, an elder, a newcomer, or someone who feels different. Offer simple attention.

Prayer: *God of welcome, teach me to notice who is missing. Amen.*

March 16 – Gentle Words

Lower your voice in one tense moment. Tone matters.

March 17 – Pray for Protection

Pray for children, elders, and those living without stability.

March 18 – Write a Card

Send a note to someone in a nursing home, hospital, or far away.

March 19 – Practice Patience

In a line, in traffic, in conversation — breathe instead of reacting.

March 20 – Offer Warmth

Shovel snow. Drop off tea. Call someone as winter lingers. If you cannot go out, pray for those who are outside.

Prayer: *God, make me someone's warmth today. Amen.*

March 21 – Invite Participation

Ask someone, "What do you think?" Make space for another voice.

March 22 – Fifth Sunday in Lent

Read Matthew 23:23. Jesus names what carries weight: justice, mercy, faithfulness. Choose one word for your week. Write it somewhere visible.

Prayer: *God of justice and mercy, anchor me in what matters most. Amen.*

March 23 – Practice Justice

Learn one local issue affecting your community. Pray for wisdom and courage.

March 24 – Practice Mercy

Let go of one small irritation. Say, “It’s okay.”

March 25 – Practice Faithfulness

Keep one small promise — take medication on time, show up to worship, follow through on a task.

March 26 – Repair

Mend clothing. Fix something broken. Repairing is an act of hope.

March 27 – Budget with Intention

Look at one area of spending. Does it reflect who you want to be?

March 28 – Show Up

Attend worship, a community event, or call into an online gathering. Presence builds community.

Prayer: *God, help me keep showing up. Amen.*

March 29 – Palm / Passion Sunday

Read Mark 11:1–11. The crowd made hope visible. Where can your faith be visible this week? Kindness in public, a word of truth, standing with someone, wearing a symbol of welcome.

Prayer: *God of courage, give my hope hands and feet. Amen.*

March 30 – Choose Peace

In conversation or online, refuse sarcasm and cruelty. Let your words build rather than break.

March 31 – Slow Down

Holy Week begins tomorrow. Remove one unnecessary task so you can pay attention.

Prayer: *God who walks toward the cross, steady me for what is ahead. Amen.*

What is Centering Prayer?

Centering prayer is a form of silent prayer that emphasizes resting in God's presence through silence and a sacred word. It involves finding a quiet space, sitting comfortably, and focusing on a chosen word to help maintain stillness and let go of thoughts. The goal is to cultivate a deeper relationship with God through stillness and receptivity. Several members of Messiah lead groups that practice this form of prayer throughout the week as a piece of their faith life. -

Centering Prayer

“But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.” *Matthew 6:6*

“Meditation, it is said, is a way to evoke the relaxation response. Meditation, others say, is a way to train and strengthen awareness; a method for centering and focusing the self; a way to halt constant verbal thinking and relax the body-mind; a technique for calming the central nervous system; a way to relieve stress, bolster self-esteem, reduce anxiety, and alleviate depression.

All of those are true enough; meditation has been clinically documented to do all of those things. But I would like to emphasize that meditation itself is, and always has been, a spiritual practice.” From “Grace and Grit” by Ken Wilber

Centering prayer is meditation with the intention of accessing the God within, or the Holy Spirit, or the Christ within, or whatever you identify with as the “God of your understanding.” In order to do that, one must release all one’s concepts about God. In other words: Be still. It does not mean that we won’t feel emotions or have thoughts or desires or expectations...it only means we do not allow those things to distract us for too long from our quiet listening for the Voice for God.

There are “fruits of the spirit” to be received from a regular meditation practice. Those “fruits” help us to discern how close we are to doing God’s Will. Those fruits also help us become peaceful, more compassionate, less judgmental, firmer in faith and trust, and remind us that our happiness lies in serving our Creator. We serve our Creator when we treat everyone as though they are the Christ. “Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.” *Matthew 25: 40*

- - *Nancy Hamlin*

OWLs (Older, Wiser Lutherans)

Every Monday at 10:00 am The OWLs walk at the Dome. After their walk, they go to Provisions for coffee. They walk at different rates and all are welcome. If you’re not interested in walking, join us for coffee. If you have any questions, please contact Betsy Little or the church office.

The New Free Store Donations

The New Free Store is an inter-faith, non-profit group supporting people who express a need for free clothing, linens, hygiene & cleaning supplies. Anyone in need is welcome. Free things are offered as “in God’s economy three is always enough.” There is a collection bin in our narthex at Messiah for The New Free Store. They are currently collecting:

***February** – *Laundry Soap, Dish Soap, Bar Soap*

***March** – *Shampoo (male/female), Feminine pads & tampons*

***April** – *Laundry Soap, Dish Soap, Bar Soap*

Devotions Link

<https://nglsynod.org/prayfaithfully/> is an on-line devotional reading service maintained by the Northern Great Lakes Synod and written by various pastors and laypersons. **The devotions for February 23 - March 1 were written by Dave and Mary Lou Blomquist.**

Messiah Birthdays

Feb 25	No birthdays
Feb 26	Simon Claybaker
Feb 27	Sharon Farrell
Feb 28	No birthdays
Mar 1	Henryk Fitzpatrick
Mar 2	Darlene Dreisbach, Chris Harkness, Dave Luoma
Mar 3	Alesia Braund
Mar 4	Alexis Armstrong, Gabriel Armstrong
Mar 5	Lucas Boehlke, Angie LeDuc, Kathy Maynard, Sara Moyle
Mar 6	Camden Fitzpatrick
Mar 7	Sheryl Dellangelo
Mar 8	Jacob MacPhee, Violet Rector, Marina Shinkarenko, Matt Wiese
Mar 9	Kevin Johnson
Mar 10	No birthdays
Mar 11	Julie Blemberg

In the Hospital

Please inform the church office when you are hospitalized. Pr. Andrew Plocher & Pr. Steve Solberg would like to visit you while you are there. If you are unable to notify Messiah, please ask a family member to do so.

Your Prayer Requests at Messiah

At every Saturday & Sunday worship service, we ask people to fill out a welcome card that is found in the bulletin. The card asks people to put their prayer requests on the back, and these

requests are prayed for every Tuesday morning at Messiah's staff meeting. If you wish to have your name or a loved one's name read during worship, please call the office or let the pastors or Jen know. We will need to get permission before we include anyone's name in the worship prayers.

In Our Prayers

Please remember the following people in your prayers at this time: Fred Maynard; Laura Goodney; Karen Sundeen; Linda Ruohoniemi; Charlie Blake; Rick; Jan Brown; Sam Elder; Doug Morton; Jackie Greising; Art Ortlieb; Ruth Koehler; Sherrie Wagner; Betsy; Carrie Oslund; John Collins; Myra; Katie; John Kiltinen; Mary Ruman; Jeremy; Sally Olson; Carol Bell; Dorothy; Karen; Rose Collins; Don Hillegas; Grant; Kai Dolan; Samantha; Ted; Bruce Lindberg; Grace Chien; Jamie; Donna; Brian; Ben; Evelyn; Akira Carlson; Karen Eldevick; Grace; Shannon; Marshall Lovan; Peter; Shawn; Mae Desonia; Lisa Douros; Tina; Wayne Hanmer; Judy Donckers; Sierra; Charlene Avery

Pastor on Call:

Pastor Andrew Plocher is on call February 25, March 1-4

Pastor Steven Solberg is on call February 26-28

Worship Volunteers

Saturday, February 28 – 5:00 pm in atrium

Assisting Minister: Chris Kotila

Communion Assistant: Barb Salmela

Provide Refreshments: **Need a volunteer.**

Sunday, March 1 -- 8:30 am in sanctuary, on 101.9 FM, Vimeo/Facebook

Assisting Minister: Terry Langenberg

Reader: Mary Lou Blomquist

Ushers: Bruce Robertson, Sam Elder

Communion Assistants: Marina Shinkarenko, Terry Langenberg, Kathy Maynard, Judy Quirk

Greeters: Marina Shinkarenko, **need 1 more volunteer.**

Nursery Maddie Dykema

Provide Refreshments: Penny Streeter and Sherry Labbe

Sunday, March 1 –10:30 am in sanctuary, on Vimeo/Facebook

Assisting Minister: Mike Hill

Reader: Simeon Maclvor-Andersen

Ushers: Amy Diedrich, Paula Diedrich

Communion Assistants: Kerry McGinley, Karen Burkman, Gayle Mack, Mike Hill

Greeters: **Need 2 volunteers**

Projection Technician: Kathy Godec

Nursery Maddie Dykema

Flower Delivery: The Ruth Circle

10:30 am Worship Volunteers

We are in need of more volunteer ushers & volunteer communion assistants for our 10:30 worship service. If you are interested in either of these roles or if you have questions, please visit Jen or Kathy in the office and they will let you know what is involved. Thank you!

Radio Broadcast & Livestream Sponsorship

We need sponsors for weekly/ongoing radio broadcasts & livestream. If this is something you would like to support, please contact the office & share what you would like for your sponsorship; it can be in honor or in memory of a loved one.

You can reach us by phone at 225-1119 or email at office@messiahlutheranmqt.org. The cost of the Radio Broadcast or Livestream sponsorship is \$110.00 each.

Announcements and Classified Ads

Marquette Symphony Orchestra – March 7

The Marquette Symphony Orchestra presents Carmen on Saturday, March 7 at 4:00 pm at Kaufman Auditorium (611 N Front St in Marquette). Experience the drama and passion of Bizet's Carmen brought to life by guest opera vocalists! For tickets, go to www.tickets.nmu.edu or call 906 227-1032.

Medication Help Available

If you have questions or concerns regarding your medications, you can contact retired pharmacist, Barb Salmela. Contact the office to get her number. All inquiries are confidential. She can help find discounts for medication, ways to possibly obtain them for free, or suggest less expensive alternatives.

Financial Help for Cancer Patients

If you or someone you know is going through any financial hardships while going through cancer treatment, please do not hesitate to contact Dave Poirier of Cancer Care of Marquette County (CCMC). 906-362-9226 / poirph@msn.com or Barb Salmela.

There are no income guidelines. Assistance can be for travel expenses, insurance co-pay, medical bills & medications related to cancer care. This organization is all volunteer based. Money to support is from fundraising, grants and donations. This organization is a 501c3 group so donations are tax deductible. But I cannot emphasize enough....to CALL if you need help.

Lake Superior Life Care & Hospice

[Drop-in Grief Support: Marquette](#) – *February 25 at 4:00 pm* Grief doesn't follow a schedule - and neither do we. Our drop-in grief support group offers a safe, welcoming space for anyone navigating the loss of a loved one. Join us to share, listen, or simply be among others who understand. No registration required. Come as you are when you need it most. Takes place on the 4th Wednesday of every month. No registration or affiliation to our hospice is required. 914 W. Baraga Ave.

[Drop-in Grief Support: Marquette](#) – *March 25 at 4:00 pm* Grief doesn't follow a schedule - and neither do we. Our drop-in grief support group offers a safe, welcoming space for anyone navigating the loss of a loved one. Join us to share, listen, or simply be among others who understand. No registration required. Come as you are when you need it most. Takes place on the 4th Wednesday of every month. No registration or affiliation to our hospice is required. 914 W. Baraga Ave.

[Caregiver Support Groups Marquette](#) – *March 11 from 2:00 – 3:00 pm* Are you feeling isolated or burned out as a caregiver? Do you experience frustration or guilt and need a safe place to process? Join us for opportunities to share your feelings, develop friendships, receive emotional support, and to learn about available community resources. Lake Superior Life Care & Hospice Office, 914 W. Baraga Ave.

[Telephone Based Caregiver Support Group](#): *March 18 from 2:00 – 3:00 pm* Are you feeling isolated or burned out as a caregiver? Do you experience frustration or guilt and need a safe place to process? Join us for our new phone-based support group. For family, friends, and

other caregivers who are caring for a person with a chronic illness or disability. This group is a great opportunity for caregivers who are unable to leave the person they are caring for. Please call Jamie Barbieri at 906.225.7760.

[Powerful Tools for Caregivers – Virtual Workshop](#): Caring for a loved one can be deeply meaningful—and incredibly demanding. If you're feeling stretched thin, overwhelmed, or just in need of practical support, our Powerful Tools for Caregivers workshop is here for you. Beginning March 19, 2026, this [6-week virtual workshop](#) meets weekly from 1:30–3:00 pm via Zoom and is designed for unpaid family caregivers. Participants will learn proven tools to help reduce stress, improve self-care, communicate more effectively, and feel more confident in their caregiving role—all while connecting with others who truly understand.

This evidence-based program offers a supportive, judgment-free space to:

- Manage caregiver stress and emotions
- Set boundaries and solve problems
- Build confidence and resilience
- Take better care of yourself while caring for others

Workshop Dates: March 19 – April 23, 2026

Time: 1:30–3:00 pm

Location: Virtual (Zoom)

Registration Deadline: March 2, 2026

To register, call 2-1-1. Registration is required and space is limited.

You don't have to do caregiving alone—let us walk alongside you.

Do you have an announcement?

Send announcements & ads to Kathy Godec (kathy@messiahlutheranmqt.org). Send concert or performance information, yard sale announcements, party invitations, requests for babysitters, yard maintenance, rooms for rent and items for sale. E-newsletter deadline is 12:00 pm on Tuesdays.

Messiah Contact Information

Messiah Lutheran Church
305 W. Magnetic St.
Marquette, MI 49855

Phone: 906-225-1119

Fax: 906-225-5025

Email: office@messiahlutheranmqt.org

Website: <https://www.messiahlutheranmqt.org/>

Pastoral Staff

Senior Pastor - Andrew Plocher

Interim Associate Pastor – Steven Solberg

Office Staff

Parish Administrator - Jennifer Dodge

Administrative Assistant – Kathy Godec

Parish Accountant - Mike Hill

Financial Secretary – Anne Rydholm

Music Staff

Director of Music – Sara Parks

Bell Choir Director - Judy Quirk

Organist/Pianist - Kathy Strazzinski and Jon Banitt

Pianists – Jacob Schmeltzer and Daniel Cipriano